# Integrating Behavioral Health Services into an Existing Interdisciplinary Care Model at a **Homeless Shelter**

# *BECUHEALTH*

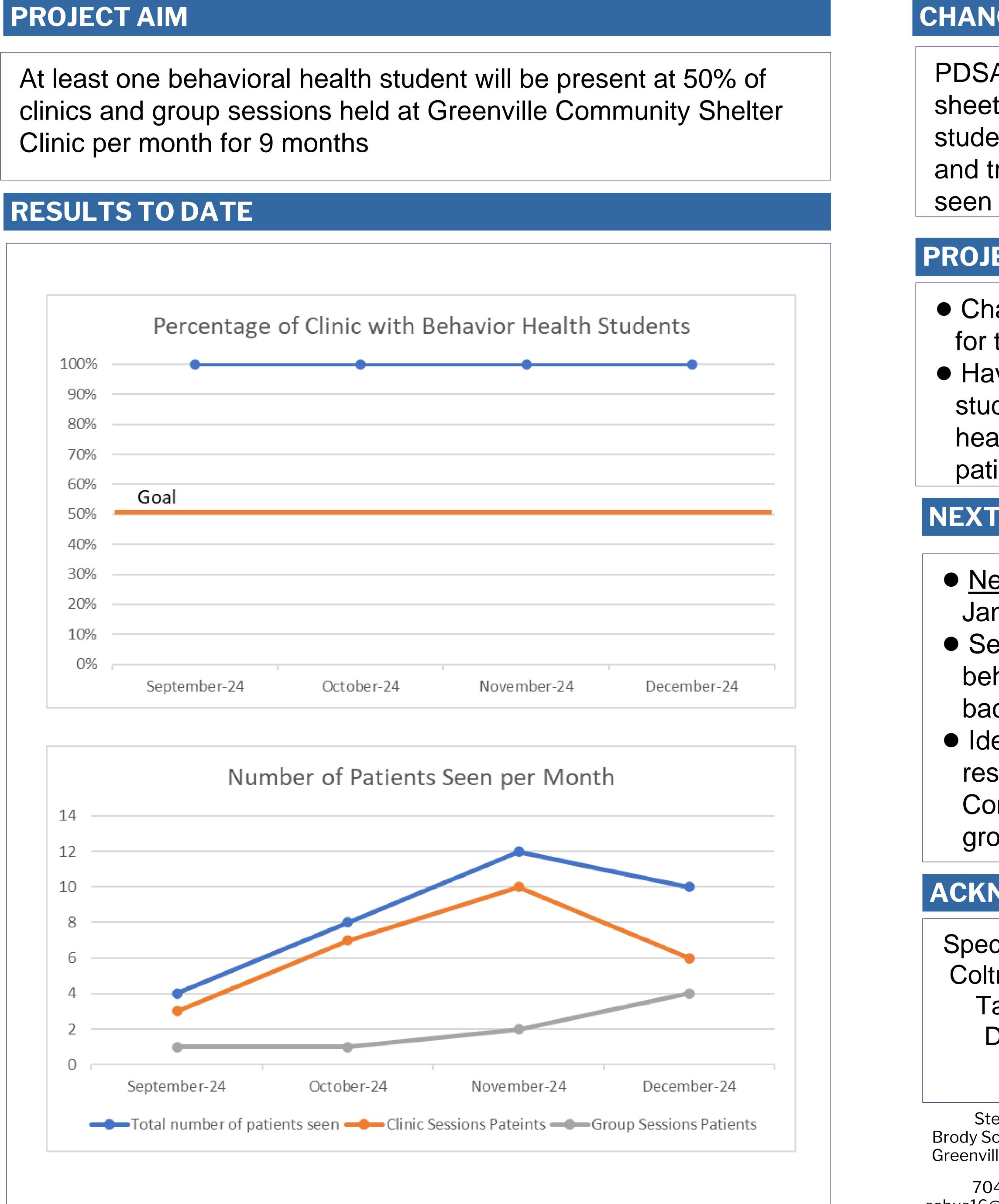


### BACKGROUND

- Per 2015 AHAR, over half of adults living in permanent supportive housing either had a mental disorder or co-occurring mental and substance use disorder (HUD, 2016).
- At the Greenville Community Shelter Clinic, there were patients with behavioral health concerns at every clinic

### **PROJECT DESIGN/STRATEGY**

- Students from Engage ENC through the Department of Addictions and Rehabilitation provide mental health support at the Greenville Community Shelter Clinic sign up for sessions
- Mondays without, behavioral health students will lead group session
- Process Measure: patient utilization of services
- Outcome Measure: attendance of behavioral health students at clinic and group session
- Balancing Measures: survey given to the behavioral health students every three months
- Duration: Nine months, with six months of sustainability tracking afterwards.



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## CHANGES MADE (PDSA CYCLES)

PDSA Cycle 1: Created a sign-up sheet for behavioral health students for group and clinic dates and tracked the number of patients seen at each

## **PROJECT DIFFICULTIES**

 Challenge in gaining participants for the group session • Having behavioral health students accompany the healthcare team when seeing patients

### **NEXT STEPS**

Next PDSA Cycle: Plans to start Jan 2025 Send out first set of survey to behavior health student for feed back on improvement Identifying ways to engage residents at the Greenville Community Shelter Clinic at the group behavioral health sessions

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