

What?

Bridge to Medicine

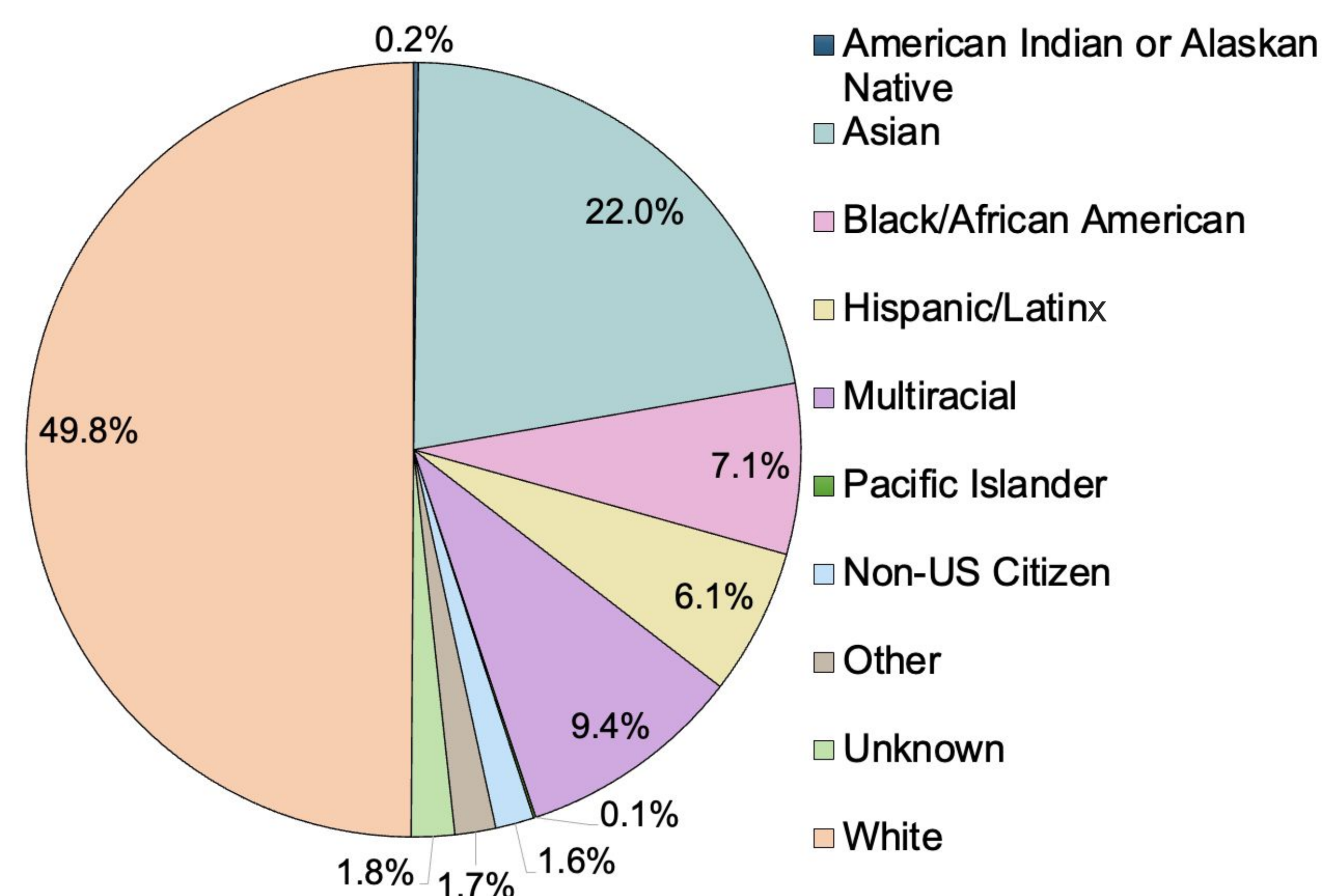
- Bridge to Medicine (formerly Building Bridges) is a mentorship group designed to assist underrepresented individuals in their journey into medicine. Each participant is paired with a current medical student mentor to help answer any questions they may have.
- Each month, participants will receive a program focused on a specific aspect of the medical school application process.
- Mentor-mentee pairings are directed to meet minimally once a month, but are welcome to meet more frequently as they wish.
- Participants will also be given opportunities to network with other mentors/mentees in their program cohort to foster community and support amongst other underrepresented individuals.

So What?

Needs and Rationale

- The AAMC defined “underrepresented in medicine” (UIM) as: “racial and ethnic populations that are underrepresented in the medical profession relative to their numbers in the general population”, emphasizing Black and Latinx students.

Racial/Ethnic Makeup of Medical School Acceptees in 2023



- UIM students commonly cite lack of mentorship as a major challenge when navigating the medical field.
- Mentorship programs for UIM have been successful in reducing the burden of underrepresentation in medicine.

Now What?

Next Steps

- Applications to the program closed on July 20th, and mentor-mentee pairings are currently being finalized. The program schedule for the 2024 cohort is seen below:



ACKNOWLEDGEMENTS

<https://meridian.allenpress.com/jgme/article/12/1/74/428720/The-STRIVE-Initiative-A-Resident-Led-Mentorship>
<https://www.tandfonline.com/doi/full/10.2147/AMEP.S154974>

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