

## What is the connection between the presence of chronic pain and insurance coverage?

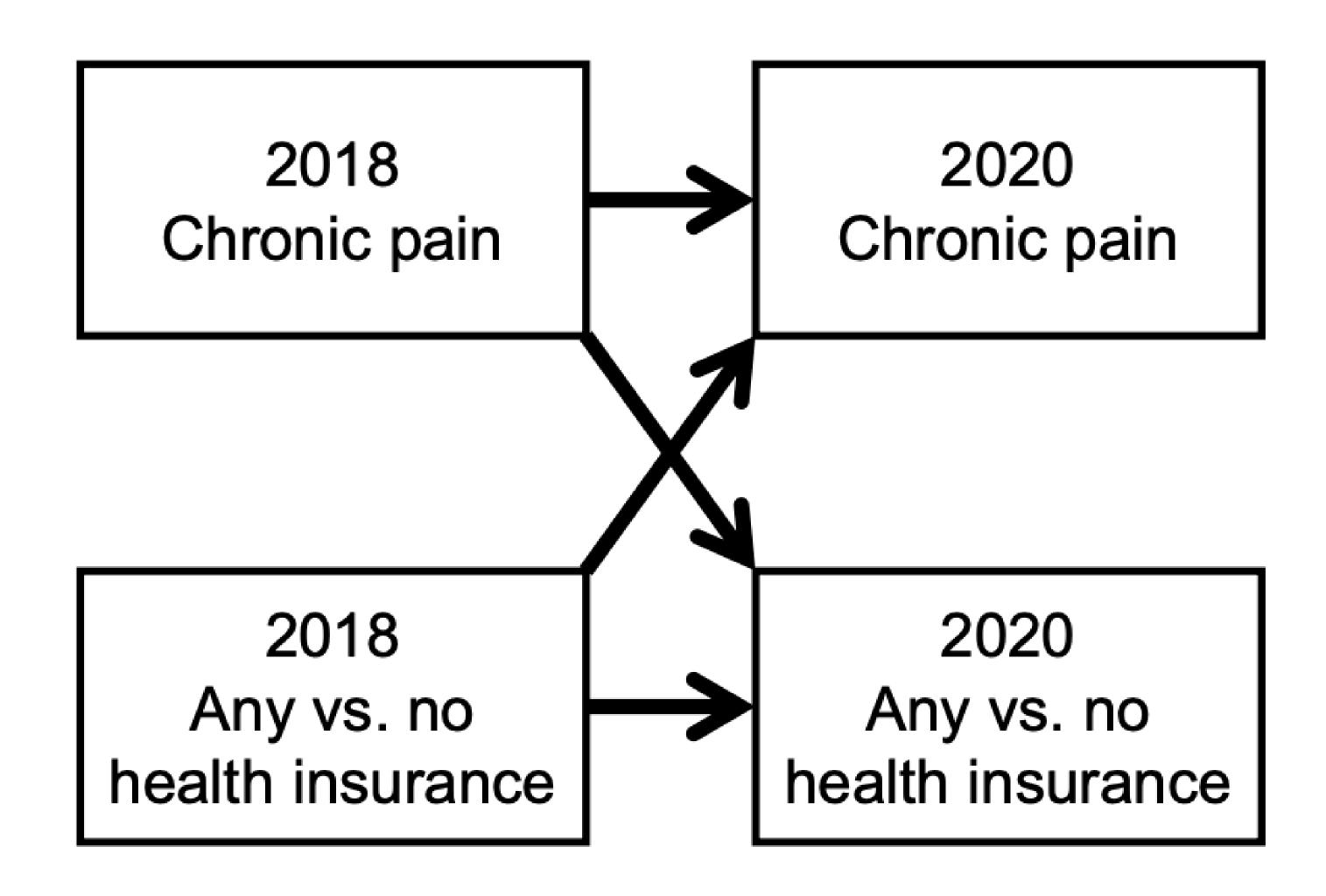
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## What?

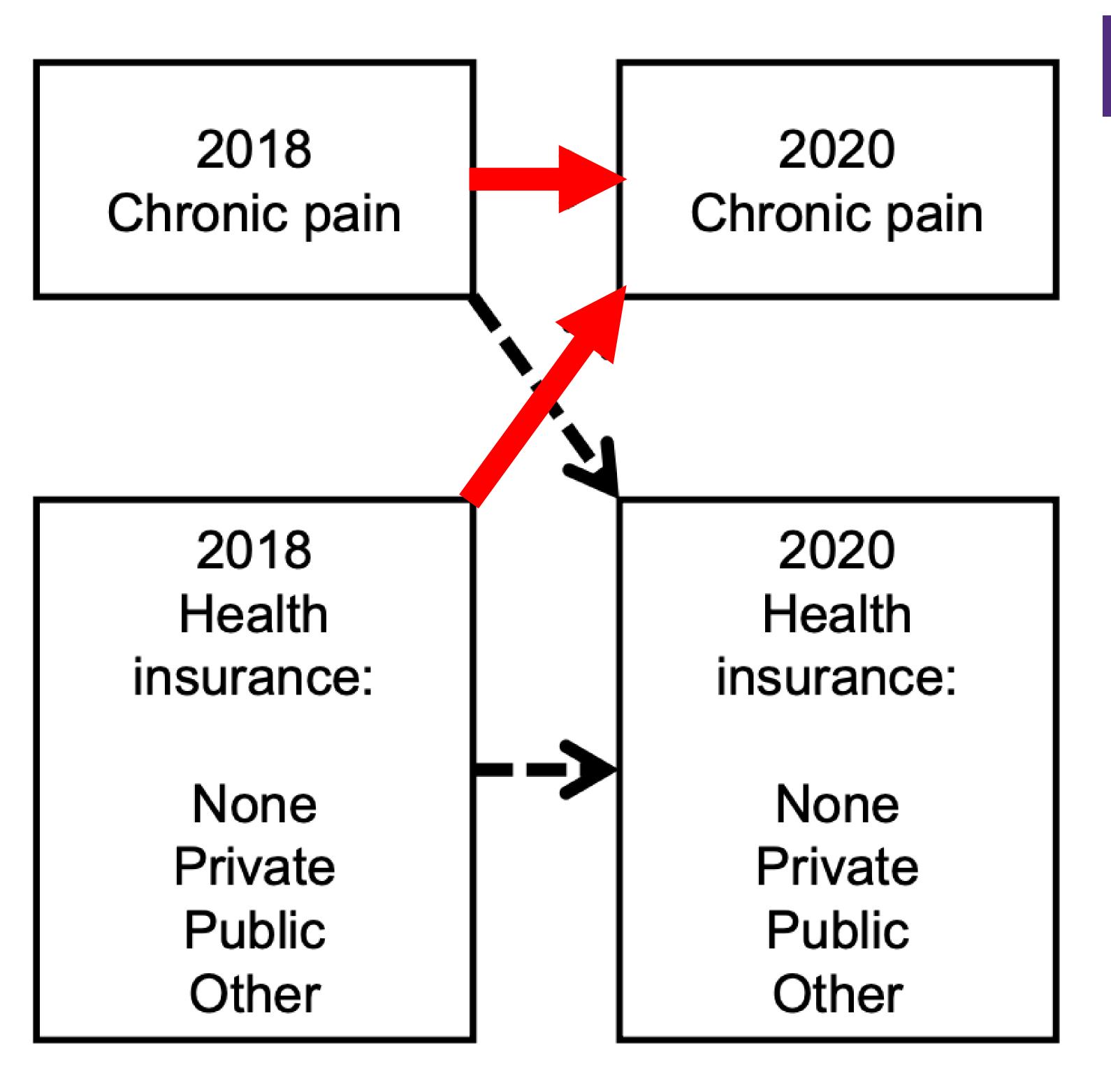
Chronic pain is a widespread condition limiting adults' daily activities and labor force participation.

A longitudinal cohort study of **5,137** middle-aged adults to investigate whether chronic pain is reciprocally associated with coverage.



## So What?

- No statistically significant association between the presence of pain and future loss of coverage.
- Lack of coverage in patients without present pain was not associated with future chronic pain.
- Having present chronic pain led to an increased risk of future nonprivate coverage.
- Having no coverage or non-private coverage was an independent risk factor for future chronic pain.



## Now What?

Pending publication in The Journal of Pain

Further research is needed to analyze the specific type of insurance to understand this SDOH.

Improving coverage for nonpharmaceutical and multimodal pain management.

Increase availability of pain clinics, PT/OT, massage, biofeedback, and cognitive behavioral therapy