

What?

ECU Health Medical Food Pantry

- More than 560,000 people are food insecure across Eastern North Carolina's 34-county area. This is 111,000 more than the prior year. In the United States, in 2022, more than 44 million people in the United States experience food insecurity.



- Started in 2018 by Brody graduates as part of their service-learning distinction track project.
- The ECU Health Medical Food Pantry serves ECU Health's patient population across various clinics. It works by providers filling out a voucher if food insecurity is identified and the patient coming to the pantry to collect a bag of food. Some clinics have pre-made bags delivered to the clinic so they can be provided as needed.
- Located in Doctor's Park, building #2

Medical Food Pantry



So What?

- There are barriers to patients receiving their bag including transportation to the clinic for care followed by the pantry.
- Individuals with Medicaid and Medicare have access to free transportation that will take them to medical appointments, but not to a grocery store or food pantry.
- In 2023, the pantry gave away 574 bags.
- The voucher is currently not integrated into EPIC, so it can be forgotten by physicians.

Now What?

- Organize a food drive during the school year for most needed items.
- Pantry staff are working on creating a SmartPhrase for EPIC that physicians can integrate into their notes.
- Provide education to healthcare providers on how to use the SmartPhrase and information to share with patients about the pantry
- Long-term Goal: Establish with Medicaid a transportation option to the pantry for those who experience that barrier.

Medical Food Pantry

ECU HEALTH | food bank | ECU HEALTH

This Medical Food Pantry voucher is for:

Name: [Redacted] Date of Issue: 7-1-24

MR Number: [Redacted] HAR Number: [Redacted]

Patient Location: ECU OB

Best Phone Number for Follow up: [Redacted]

Food Allergies: [Redacted]

Type of Bag: Carbohydrate Controlled Low Sodium Balanced

Provided by: [Redacted]

Patient Instructions

- Please call the Medical Food Pantry at 252-847-7541 for hours of operation.
- The Medical Food Pantry is located in Doctor's Park Building #2 (DP2) between Service Drive and Medical Drive.

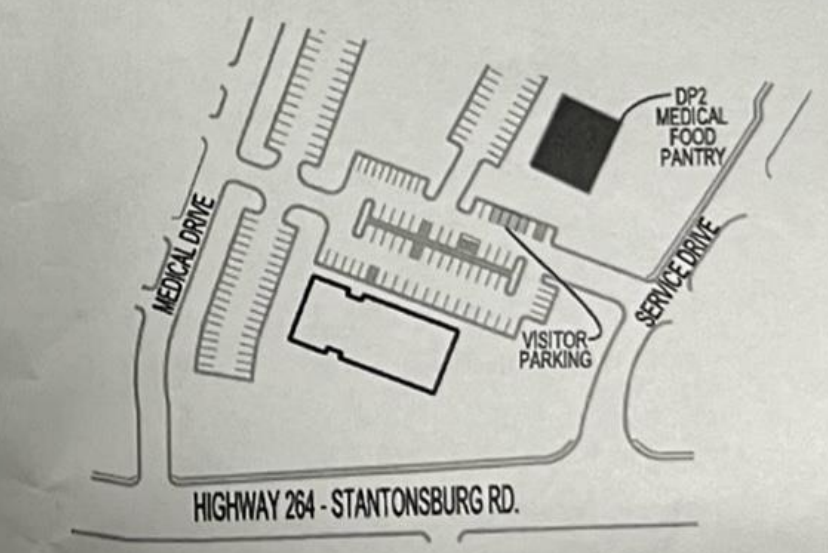
Directions

- From the front of ECU Health Medical Center, turn right onto Stantonsburg Road. Stay in the right lane. Continue straight through the next stop light. Turn right onto Service Drive, and take the first left turn into the parking lot for Doctors Park. The Medical Food Pantry is located in Doctors Park Building 2 (DP2).
- Or, using a mobile phone search for "2 Medical Drive Greenville NC" to get directions.

Visitor parking is in the front of the building.

Number in the Household: 1 County of Residence: P.H.

Date Redeemed: 7-2-24 Pantry Signature: [Redacted]



Food Category	Food Type	Special Instructions	Number
Meat	Canned or pouch	Salmon, tuna, chicken	3
Non-starchy vegetables	Canned	Asparagus, artichokes, green beans, collard greens, carrots, mushrooms, okra, tomatoes (can give spaghetti sauce)	6
Starchy vegetables	Canned	Green peas, sweet or white potatoes, corn, mixed vegetable, lima beans, black beans, kidney beans, chickpeas, black-eyed peas, baked beans	2
Fruit	Canned	Light, light syrup, in its own juice, no added sugar. Applesauce, mandarin oranges, peaches, pears, pineapple, tropical fruit, fruit cups, unsweetened dried fruit	4
Grains	Dried	Rice (brown or white), rice, regular or whole wheat noodles, white or whole wheat bread, tortilla (corn or wheat), quinoa, stuffing mix, cornbread mix, baked mix and cheese, popcorn	2
Cereal	Ready to eat or cooked	Ready to eat, grits (not instant), granola bar, oatmeal (plain not instant)	1 box
Beans	Dried	All dried beans: pinto, black, kidney, black-eyed peas	1
Peanut butter	Jar or packets	Any type	1
Dairy	Dry/canned evaporated	Low fat, fat free	1
Handouts		Patient Education and Recipes Handout and Food Extension Dates Handout	2

Food Category	Food Type	Special Instructions	Number
Meat	Canned or pouch	Salmon, tuna, chicken (packed in broth or water; not packed in oil)	3
Vegetables	Canned	Must be low sodium/no added salt: Asparagus, artichokes, green beans, collard greens, carrots, mushrooms, okra, tomatoes (can give spaghetti sauce), green peas, sweet or white potatoes, corn, mixed vegetable, lima beans, black beans, kidney beans, chickpeas, black-eyed peas, baked beans	6
Fruit	Canned	Can be with or without syrup, light, light syrup, in its own juice, no added sugar. Applesauce, mandarin oranges, peaches, pears, pineapple, tropical fruit, fruit cups, unsweetened dried fruit	4
Grains	Dried	Rice (brown or white), regular or whole wheat noodles, white or whole wheat bread, tortilla (corn or wheat), quinoa, stuffing mix, cornbread mix, baked mix and cheese, popcorn	2
Cereal	Ready to eat or cooked	Ready to eat, grits (not instant), granola bar, oatmeal (plain not instant)	1 box
Beans	Dried	All dried beans: pinto, black, kidney, black-eyed peas	1
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ACKNOWLEDGEMENTS

I would like to thank Dr. Jennifer Crotty as well as Mrs. Rose Ann Simmons and Ms. De'Vette Thomas at the Medical Food Pantry.