

Implementing Depression Screening in Eastern North Carolina Cancer Clinics

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INTRODUCTION

- Approximately 1 in 5 individuals with cancer have depression, a four-fold greater prevalence compared to the general population.
- Fewer than half of cancer patients with depression receive behavioral health services, with rural areas especially underserved.
- Depression screening is a critical part of comprehensive cancer care; however, there is no standard recommendation regarding program implementation.

OBJECTIVE

- Investigate clinical teams' attitudes towards patient depression screening
- Identify strategies and barriers
- Improve depression screening and inform a clinic workflow

MATERIALS AND METHODS

- Survey patient- facing members of the oncology care team at ECU Health Greenville cancer clinics
- Perform a needs assessment in an outpatient rural oncology program

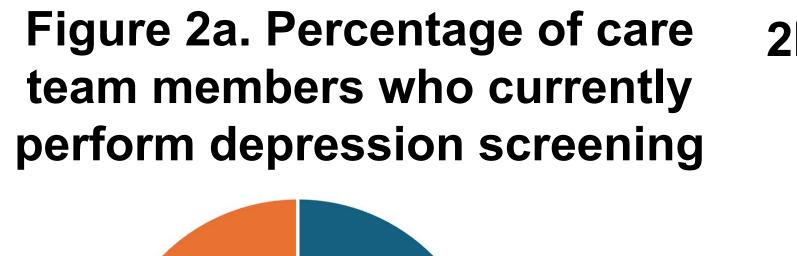
Figure 1. Respondent Demographics

Roles	Respondents	Years in Role	Respondents
Attending Physician	18	<1	12
Trainee Physician	6	1-5 6-10	3023
Nurse Practitioner	6		
Physician	2	11-20	18
Assistant		>20	15
Nurse	38	Specialty	Respondents
Medical Assistant	12	Medical Oncology	46
Radiation Therapist	9	Radiation Oncology	24
Patient Navigators	5	Surgical Oncology	13
Other (Clinical Addiction Counselor, Pharmacist)	3	Gynecologic Oncology	12
		Other (OB/GYN, General Surgery)	2

RESULTS

No

Confidence in self





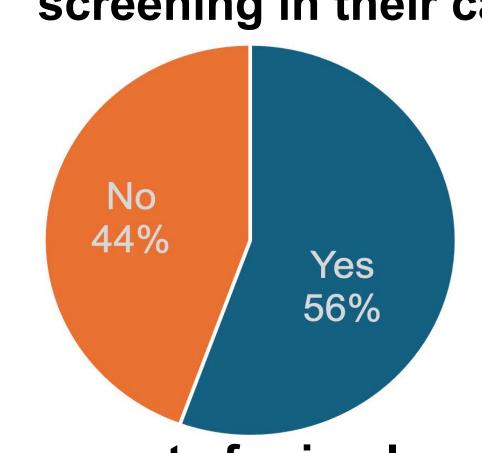


Figure 4. System-wide components for implementing a depression screening program

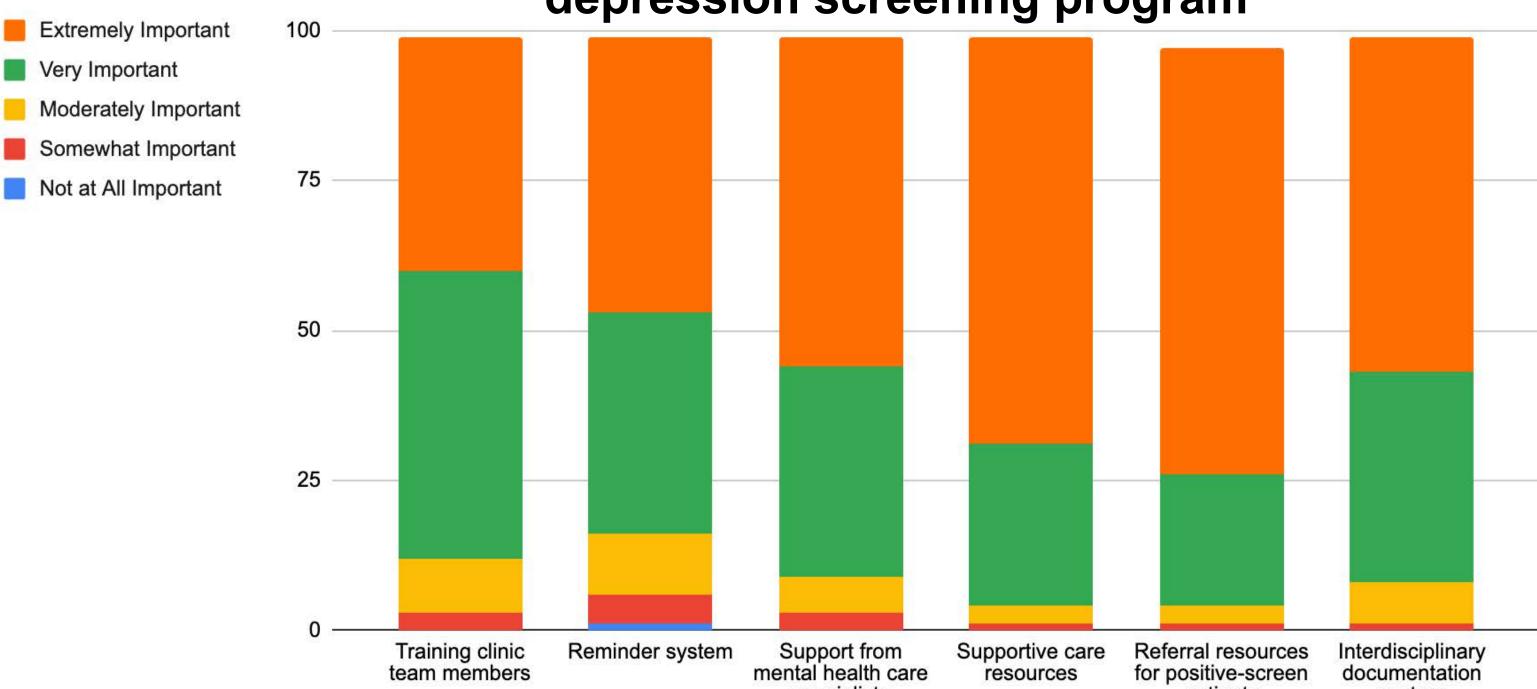


Figure 6. Clinical team's confidence communicating

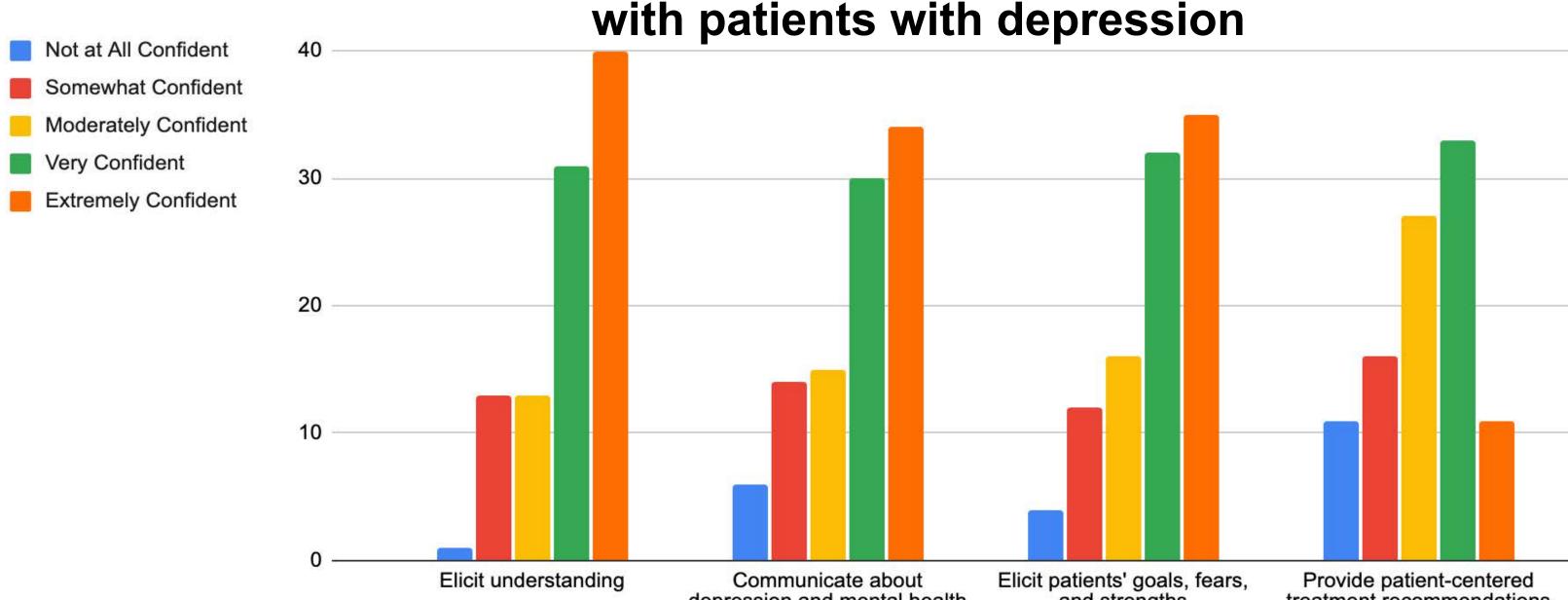


Figure 7. Confidence in delivering depression screening

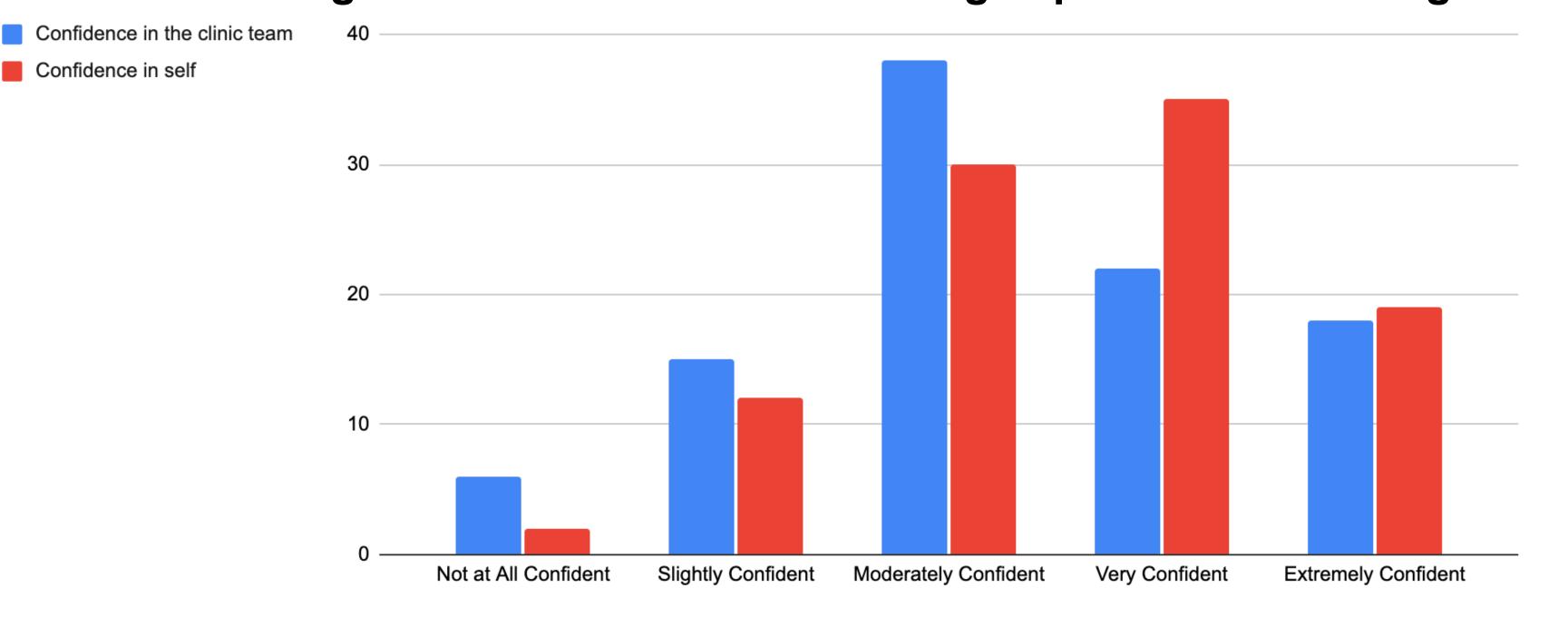


Figure 3. Perceived ability of interdisciplinary team to implement a screening program

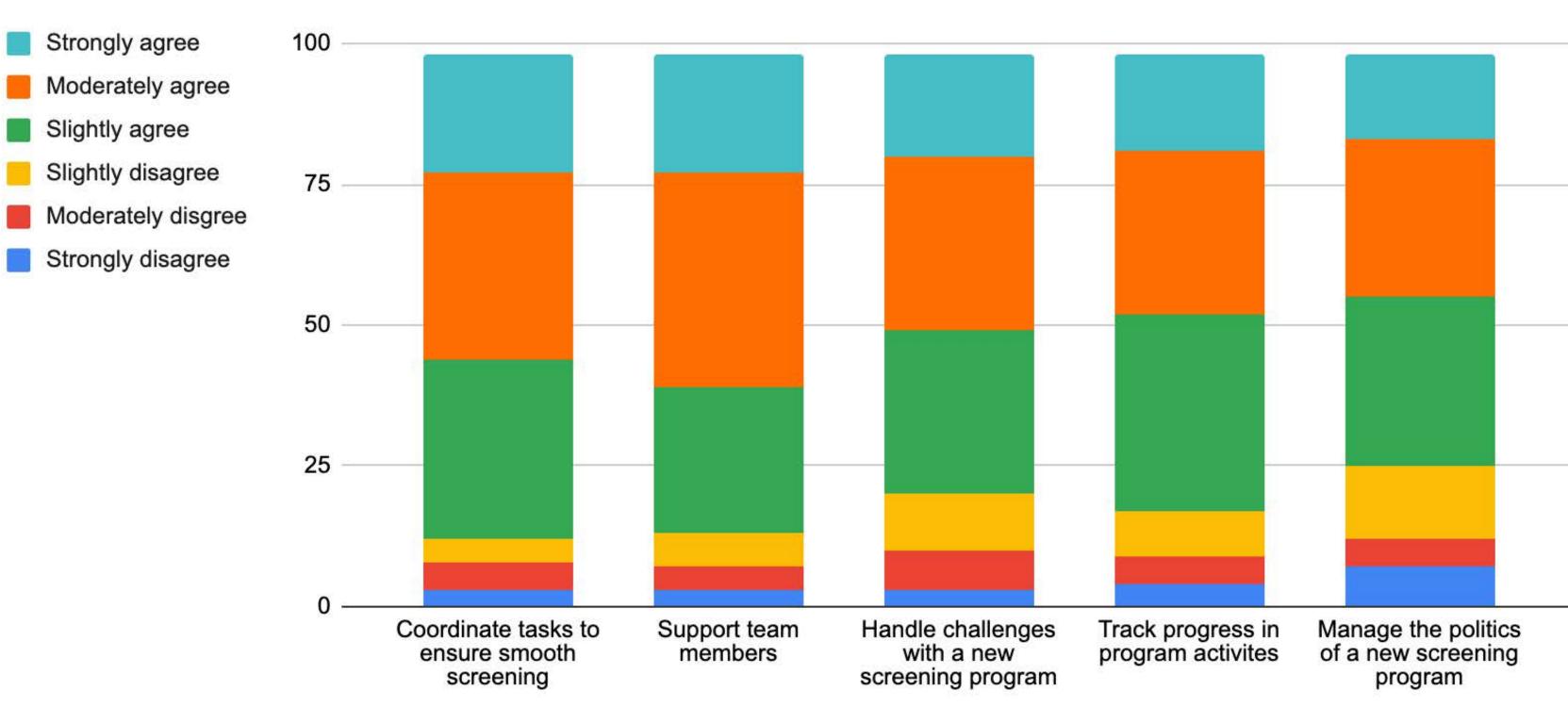
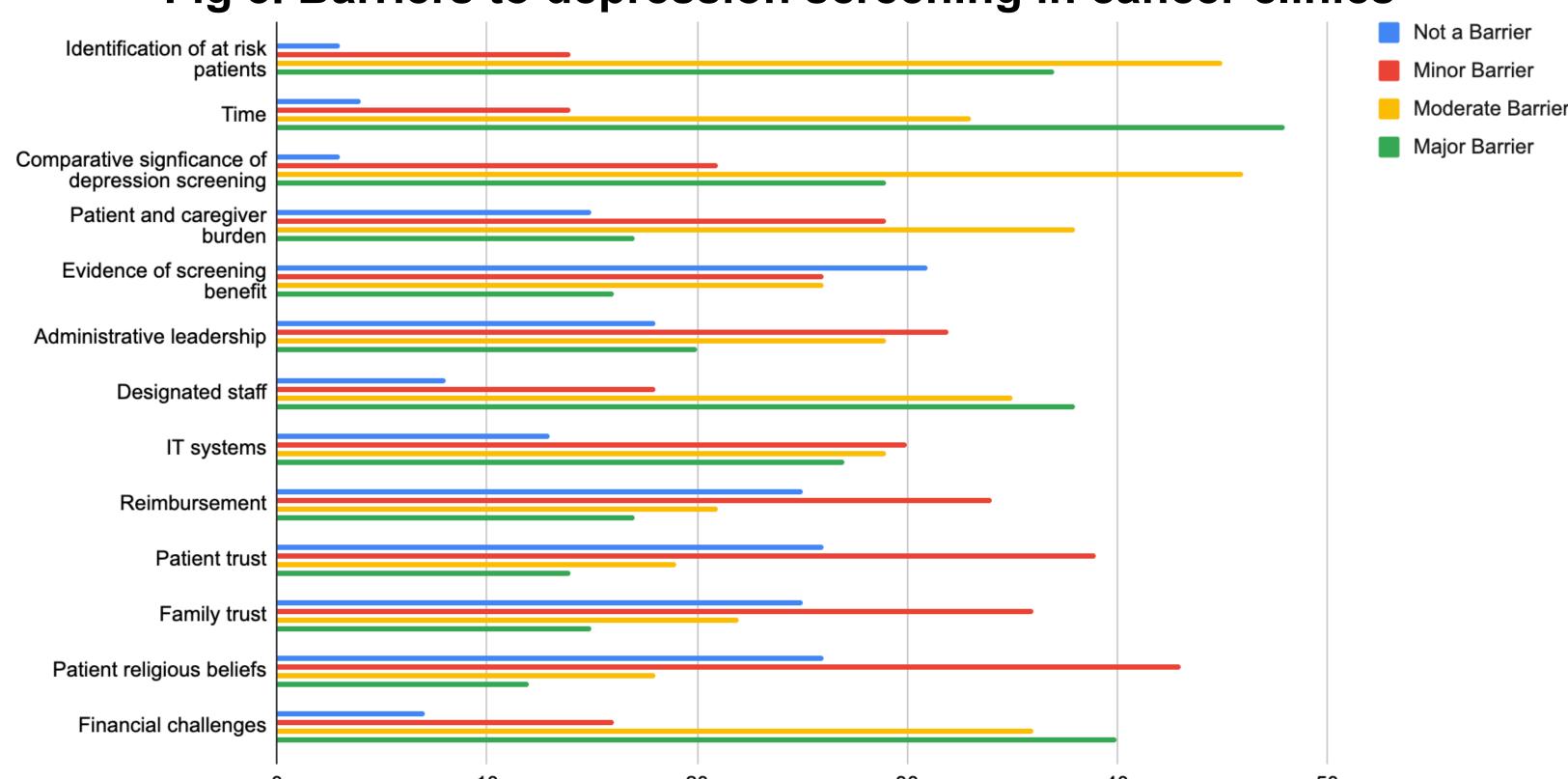


Fig 5. Barriers to depression screening in cancer clinics



CONCLUSION

- Although most oncology care team members at ECU Health do not currently perform depression screening, most are confident in their personal and clinic's ability to deliver this healthcare service.
- Supportive care and referral resources were identified as important strategies for program implementation; time and patient financial challenges were the barriers of highest concern.
- Next steps: compare responses at outreach clinic sites and develop an implementation strategy for depression screening.

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