



Building Bridges Mentorship Program (BBMP)

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Background

Building Bridges Mentorship Program was created for minority students by minority students. Its purpose is to match minority pre-med undergraduate students with current students at the Brody School of Medicine. Currently, about 11% of all physicians are Black or Latino/Hispanic. It has been shown that doctors can exhibit unconscious bias in caring for others, especially those who are minorities. To see change, targeting and helping college students will help minority students get accepted into medical school and increase the amount of minority doctors.



BUILDINGBRIDGESMP

ACKNOWLEDGEMENTS

Thank you to Dr. Tumin, and Mrs. Elizabeth McAllister Gamma Psi Sigma, and ECU MAPS for helping me as mentors and partners.

Methods

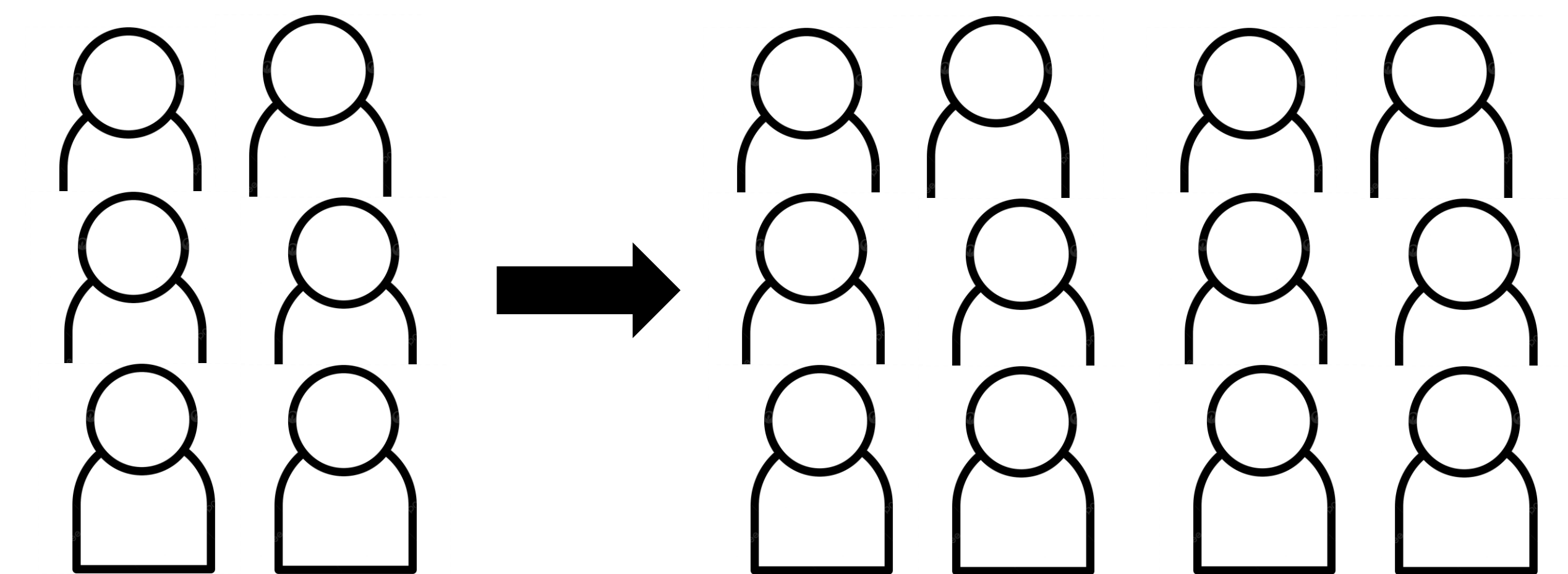
Based on application responses and personality tests, pre-med students are paired with medical students. There are workshops from August until December consisting of various themes like MCAT resources, recommendation letters, extracurricular activities, and more. Building Bridges provides pre-med students with long-term mentors that will be with them each step the medical school application process.

Experiences from Mentees/Mentors

Cohort 2, Mentee: “Before getting to know my mentor, I was unsure how long we would stay in touch. However, even after the program ended, it felt very natural to continue updating her on my journey. . It was almost as if the check-ins we did during the program never ended.. I fully expect to continue my relationship with my mentor throughout medical school, residency, and beyond.”

Cohort 3, Mentor: “Being matched with my mentee in this program afforded me a full-circle moment. Our connection allowed me to guide her candidly through applying to medical school. We built both a strong mentor–mentee relationship and a genuine friendship, which I’m sure we could both agree is a direct reflection of the intentional match process.”

Results



Accepted to Medical School	2
Accepted to Professional School (Pharmacy)	1
Accepted to a Post-Bacc Program	2
Accepted to an MPH program	1
Still in Undergrad, studying for MCAT	19

The Future of BBMP

- Continue to empower, help and guide minority premedical students from all over the United States
- Encourage other medical schools to begin programs such as BBMP
- Inform other institutions about the importance of peer-mentoring programs in medical settings

Read more here!

