

SAM IO and EZ-IO Comparison Study: Not So Fast SAM!

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INTRODUCTION

- Intraosseous (IO) access is a medical procedure primarily used in emergencies when peripheral venous access is unobtainable.
- The **EZ-IO** is a battery-operated electric drill.
- The **SAM IO** is a newer, hand-actuated device.

OBJECTIVE

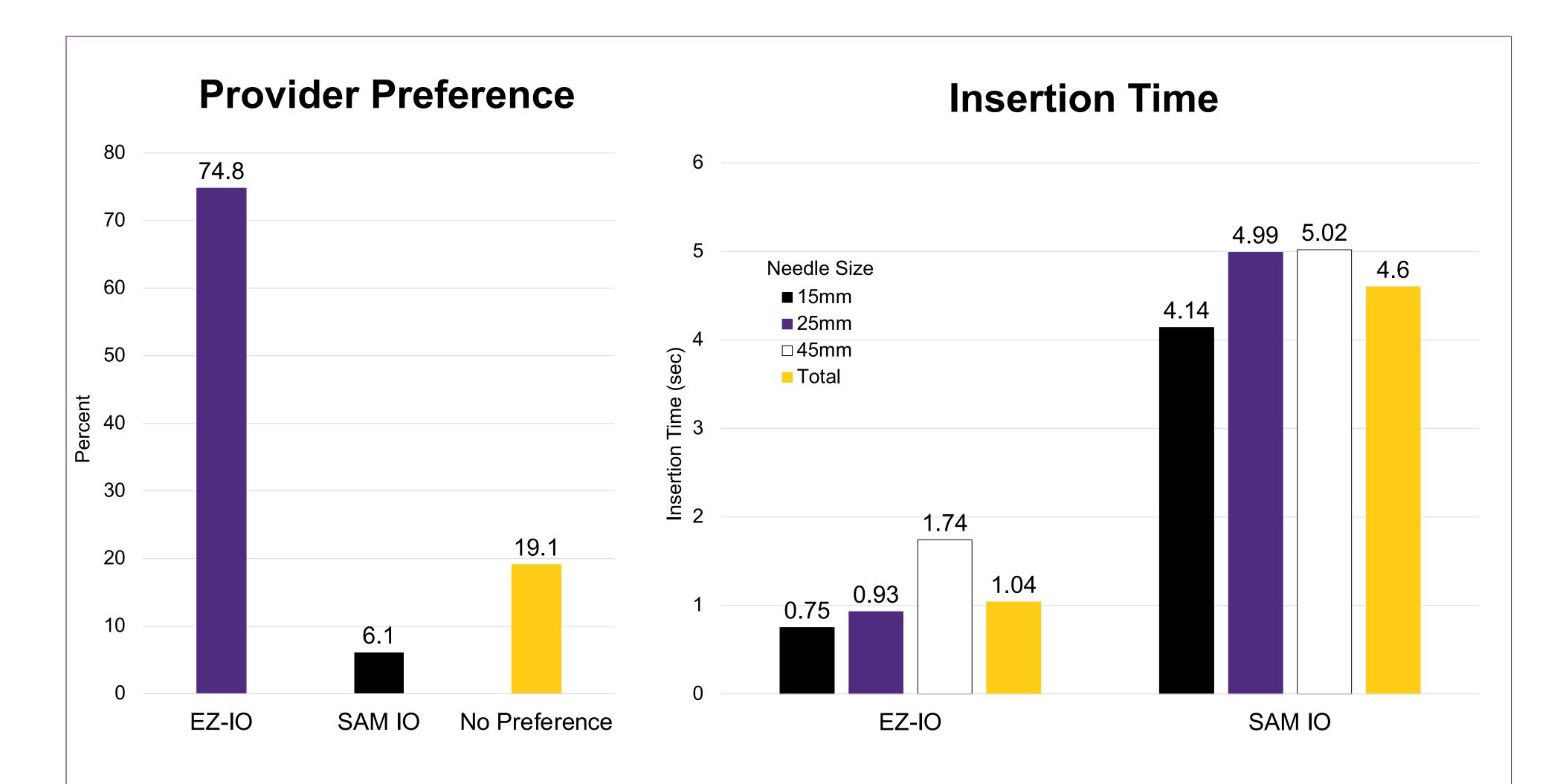
 This study compares the EZ-IO and SAM IO insertion time in a porcine humeral bone and EMS provider feedback.

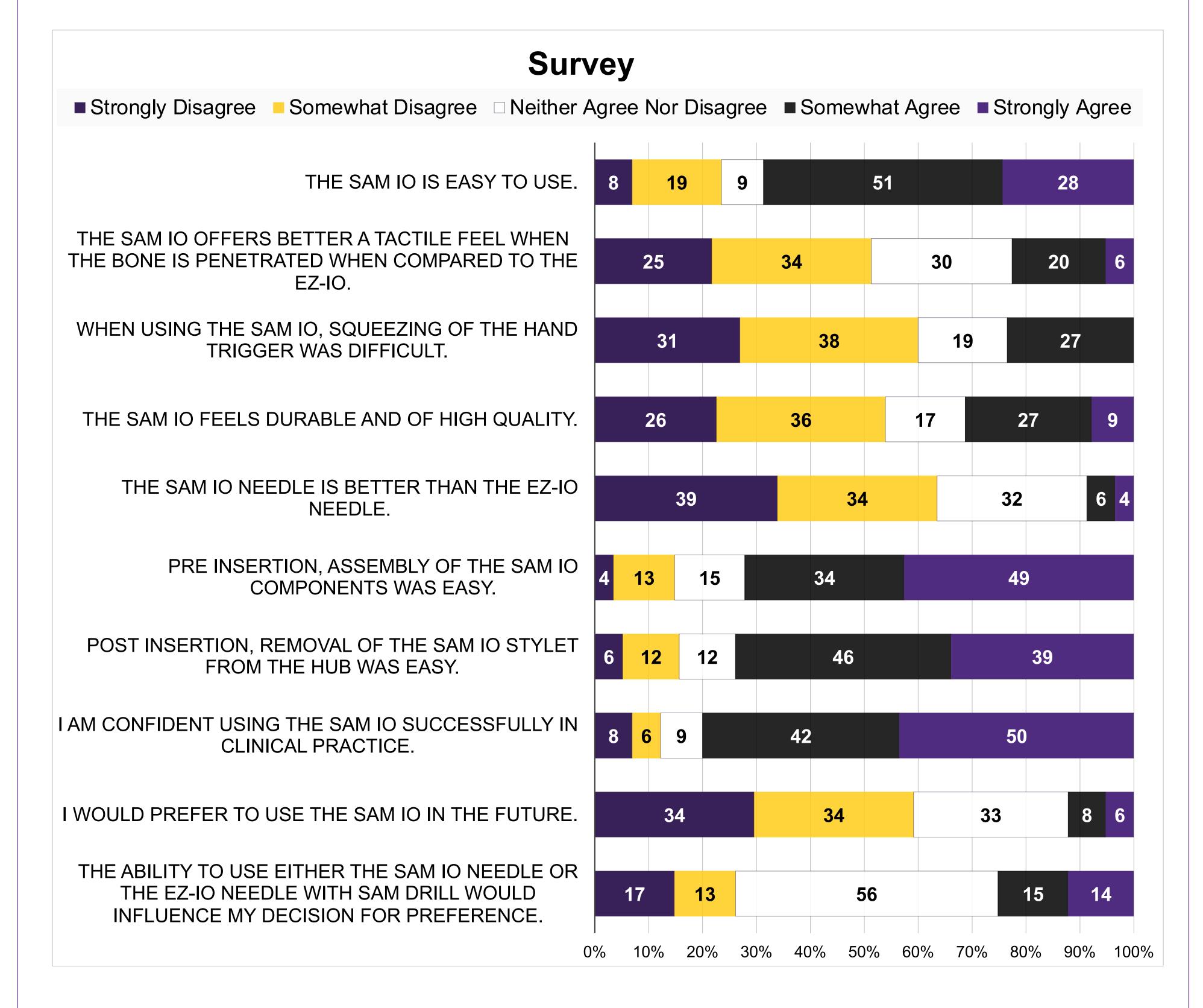
MATERIALS & METHODS

- Prospective comparison study with advanced EMS providers.
- Watched instructional videos.
- Participants practiced insertion in plastic and porcine bone.
- Device order was randomized
- IO needle size was paired.
- Insertion time into porcine bone recorded.
- Likert survey and open feedback.



RESULTS





DISCUSSION

- The EZ-IO insertion time was faster, but the difference in time would unlikely impact clinical outcomes.
- Participants **preferred the EZ-IO**, but would also be comfortable using the SAM IO in a clinical setting.
- A limitation of the study may result from participant bias on insertion intervals due to personal preference.
- Future studies should look at clinical trials to study patient outcomes.

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