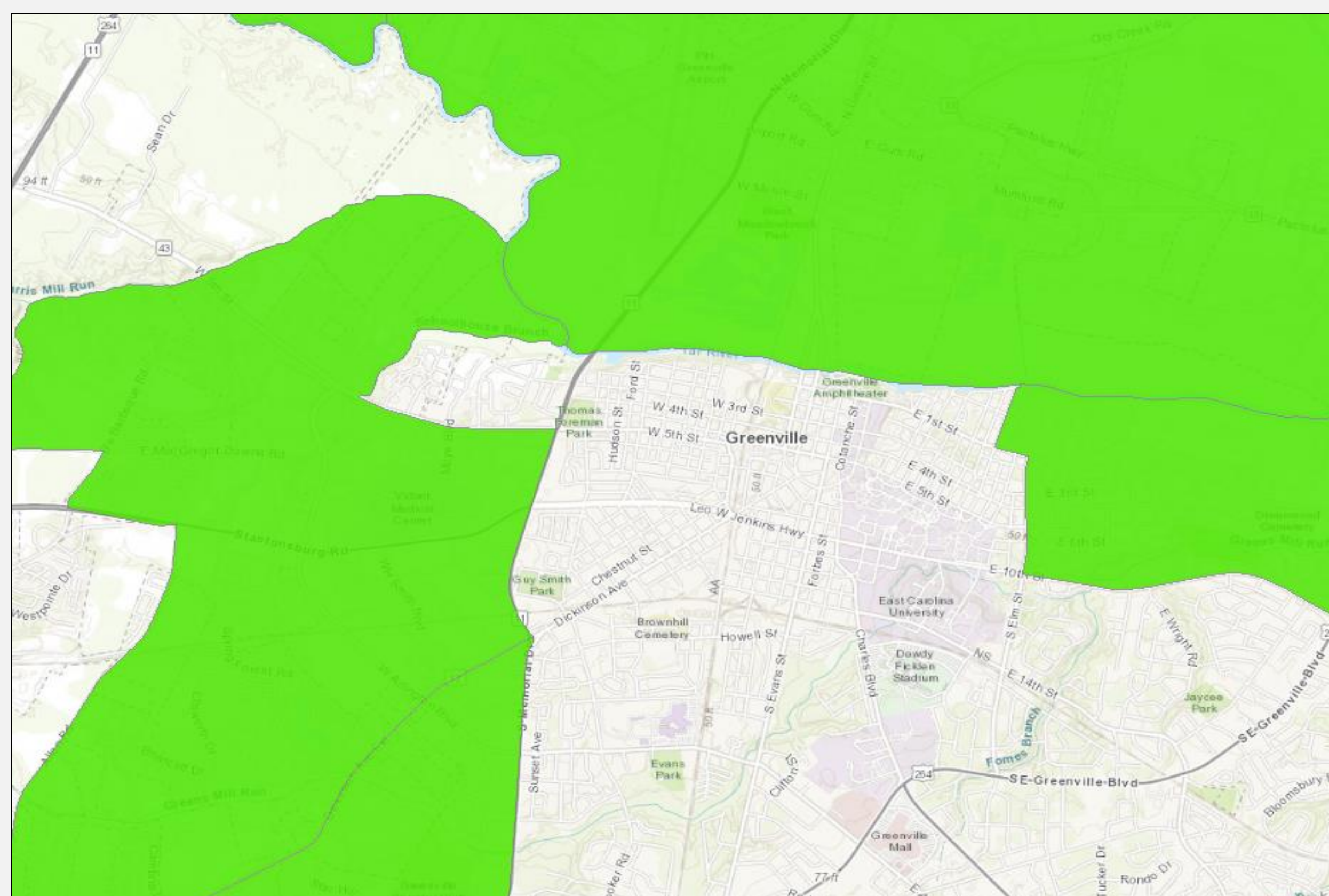


What?

- **Greenville Community Shelter Clinic (GCSC)**
 - Student-run free clinic which primarily serves residents of CCC
- **Community Crossroads Center (CCC)**
 - Shelter providing homeless individuals and families temporary shelter and access to several on-site programs and services

Food deserts around CCC (in green) [5]



Scan for abstract

So What?

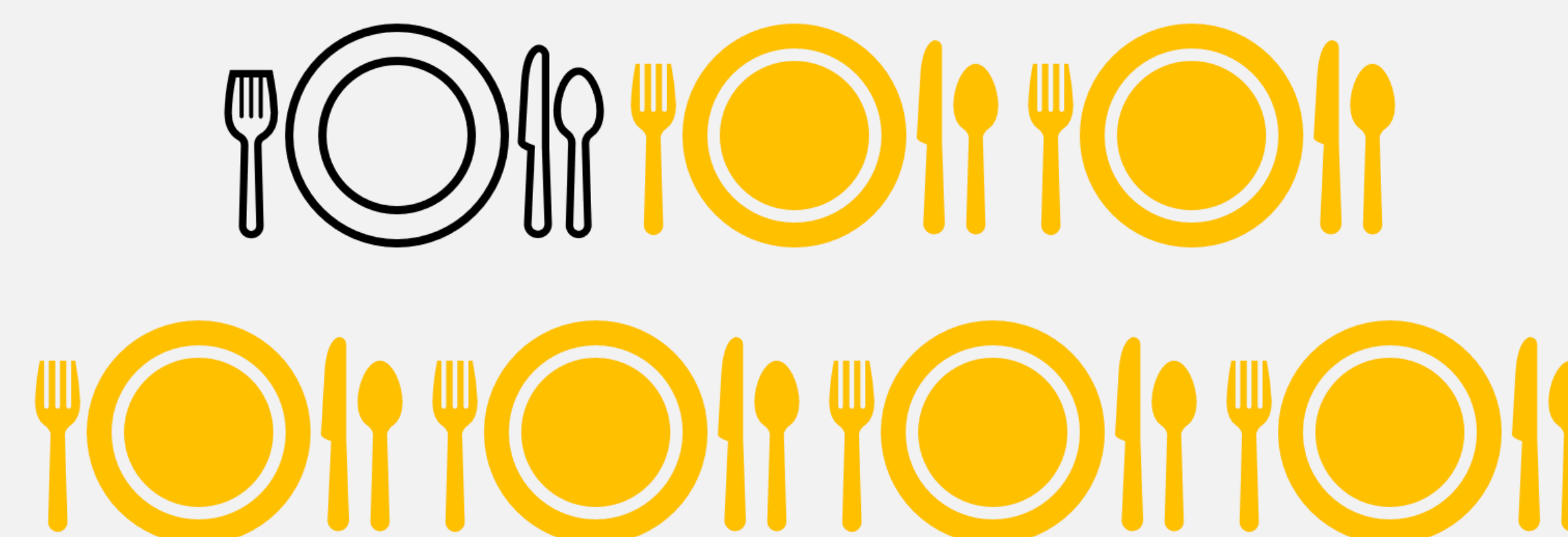
- ~10% of Pitt County residents live in food deserts [1]
- ~20% of Pitt County residents are food insecure, higher than the state average [2]
- Many food resources operate during normal business hours and are unavailable to the working poor [1]
- Homelessness makes a healthy diet difficult to maintain and exacerbates chronic health conditions [3]
- Community gardens are flexible and provide myriad benefits, including improving physical and mental health [4]

1 in 5 Pitt County residents face hunger



vs.

1 in 7 North Carolinians face hunger



Now What?

- Establish a community garden at CCC
- Improve CCC residents' access to healthy produce
- Work with residents in developing recipes using garden produce
- Offer cooking demos in order to educate residents on how to eat healthier and incorporate garden produce into their meals

References

1. <https://www.pittcountync.gov/DocumentCenter/View/7856/Food-System-Full-Assessment---July-2016?bidId=>
2. http://foodbankcenc.org/wp-content/uploads/2019/11/2019-2020-County-Profiles_Pitt.pdf
3. <https://nhchc.org/wp-content/uploads/2019/08/homelessness-and-health.pdf>
4. <https://www.cdc.gov/healthyplaces/healthtopics/healthyfood/community.htm>
5. <https://www.ers.usda.gov/data-products/food-access-research-atlas/go-to-the-atlas/>

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