Research indicates that patients with chronic medical conditions are predisposed to depression and anxiety, which result in poorer health outcomes. Through the implementation of the screening program, patients with depression and anxiety at PSC can be properly identified and referred for mental health support.

Steps included:
1. Protocol developed to administer and document PHQ-9 and GAD-7 screening tests.
2. Reports generated by the Clinical Informatics Team to gather data regarding screenings in 2019.
3. Protocol and 2019 baseline data presented to the sections in the clinic that care for adolescents aged 12-21 with diabetes, inflammatory bowel disease, cystic fibrosis, kidney transplants or HIV/AIDS.
4. Roll-out of the screening protocol.

RECOMMENDATIONS
- Focus on one section of the clinic at a time, allowing for more accurate process measures.
- Modify screening tests to be administered in different clinical settings
- Include an outcome measure to evaluate how screenings are improving the health of patients.