

BACKGROUND



PhysioCamp addresses these barriers and offers exposure to different healthcare careers.

PROGRAM DESCRIPTION

K-12 In-person Sessions include:

- hands-on activities with anatomic models
- simulation equipment
- human biological specimens

K-12 Virtual Sessions include:

- TeleMeet sessions with a healthcare professional
- TeleTutor 1-on-1 sessions

Periodic assessments of K-12 students, parents and volunteers.

Pre-Health Internship Program:

- Interns submit weekly update forms
- Pre-health advising offered

Timeline of PhysioCamp's Development.

2017

- Medical students start getting involved in leadership
- Since 2013, summer camps held in Goldsboro, NC





2018

- NC summer camps held in Greenville, Goldsboro, New Bern
- Started holding year-round sessions in Greenville, NC

Development and Institution of PhysioCamp: Providing a Community Resource Holly Ingram, MPH; Stephen Charles, PhD, CHSE



Figure 1. PhysioCamp Structure

RESULTS

Results from K-12 student and parent surveys showed increased interests in the healthcare field and increased exposure to unfamiliar healthcare topics.

Survey results from undergraduate and graduate volunteers highlighted the importance of small group learning and hands-on activities to the success of the sessions.

Since the start of the program, 99 interns have been onboarded, 67 of whom are still active within PhysioCamp. Interns reported the increased value of mentoring, advising and appreciation of unique interactions with medical students. Many interns have now entered graduate school in healthcare fields, such as physician assistant and medical school.

2019

- Submitted formal IRB to collect evaluations
- Dental, PT, and other healthcare leaders incorporated
- Internship program implemented







2020

- Bilingual outlines offered
- sessions

In-Person Structure							
In-Person Coordinator	Volunteer Outreach Coordinator	Curriculum Development					
	Location Leaders y Soup itchen Girls Clu						

DISCUSSION & FUTURE PLANS

Sessions are a beneficial resource to the community and act as a place for K-12 and undergraduate students to cultivate their academic interest with mentors in the field.

Future plans address the following limitations:

Reporting progress

- QI IRB for SLDT future medical students
- Track # of hrs. volunteers, sessions, students

Integration v other heal profession Diversify

PhysioCamp leaders, advis and mentors

ACKNOWLEDGEMENTS

Thank you to the SLDT and many ECU students for volunteering with PhysioCamp. Thank you to ECU faculty for their guidance and assistance in getting together the materials for each camp. Thank you to the K-12 locations we visited for allowing us to work together.

2021

- Pre-health advising services offered (Lauren)
- Monthly newsletters
- In-person camps reestablished in Pitt County, NC (Parth)

COVID- transitioned to virtual

• Nonprofit status in Sept 2020



2022

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	Sto	orage	Lega	al		Finances
	 Centra storag for ma 	le space	 Started backgrou checks. Consider s for equipme dent inju 	ration ent/stu		 501c3 status might help obtain grants
vi th	Sessions			Internship Opportunities		
SC	 Reproducible in- person activities Creating protocols and SOP's; etc. 		se • Pł	 Practice patient sessions PhysioCamp Symposium 		



 Intern practice patient sessions offered Nonprofit status changing to 501c3

 PhysioCamp Symposium to be held July 2022

