More resources are required to continue essential care provided by the Greenville Community Shelter Clinic

Background
- Greenville Community Shelter Clinic (GCSC) is a student-run free clinic that serves the homeless population of Greenville, NC.
- In 2019, clinic leadership established the Care Manager role.
- Screening and referral rates to local community resources increased after implementation.
- Sustainability was achieved by establishing the clinic as a month-long community rotation with the Behavioral health counselor (BHC) doctoral program.
- Clinic data security was bolstered by switching to an online HIPAA compliant database.
- The survey tool evaluated BHC efficacy, patient demographics, level of care provided, and number of prescriptions written.

Methods
- Clinic data is stored on a HIPAA compliant RedCap database.
- Deidentified data for analysis was obtained from nightly clinic and Behavioral Health surveys.

Results

Nightly Clinic Data
- 209 encounters
- 83 unique patients
- June 2019 to March 2020
- 46 clinic nights.
- 43 out of 83 patients were shelter residents.
- 76 of these encounters involved a BHC.

Behavioral Health Counselor Screening
- 55 surveys
- 39 patients
  - 26 positive PHQ-2 (score >2)
  - 49 positive GAD-2 (score >2)
- 32 did not have a PCP
  - 29 lacked insurance
  - 4 had transportation issues
  - 15 could not afford appointments
- 29 have seen a BHC
- 26 have not seen a BHC
- 20 saw clinic Social Worker
- 17 received counseling with a BHC
- 13 referred to community resources
- 3 received a brief intervention

Conclusion
- BHC’s improved mental health screening and referral rates to community resources.
- New survey tool elucidated social determinants of health affecting the patient population and its positive impact on shelter residents and community.
- This analysis revealed the importance of continuing clinic operations to provide essential healthcare to this population.

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