

Addressing Social Determinants of Health for Patients of Pitt County Care Clinic

Alyssa Galleshaw
Co-Executive Director of PCCC
Brody School of Medicine
Service-Learning Distinction Track
galleshawa22@students.ecu.edu

What?

Pitt County Care Clinic (PCCC)

- PCCC is a free primary care walk-in clinic hosted at the Pitt County Public Health Department every other Sunday from 12-4pm.
- Is run by student and physician volunteers.
- Our patient population is mostly Spanish speakers, uninsured, awaiting coverage for Medicaid/Medicare, and/or migrant farm workers from Pitt and surrounding counties.
- Partnered with Access East.







So What?

Objective: To use our NC Healing Grant funds to address the healthcare needs of patients facing various social determinants of health barriers.

<u>Primary Patient Needs:</u> Our patients often encounter financial challenges that hinder their ability to access medications, monitor their health conditions at home, find reliable transportation, and obtain healthy food options.

To address these needs, strategic investments were made in the following areas:

- 1. Education: Health manuals from Krames and Healthy Heart recipe books.
- 2. Onsite Testing: Purchased a lipid panel machine for convenient and timely onsite testing.
- 3. <u>Healthcare Kits:</u> For general health, feminine hygiene, and diabetic care. We also have a limited supply of insulin and purchased blood pressure cuffs for patients.
- **4. <u>Healthy Food:</u>** We have established a partnership with Farm-To-Clinic, a local organization. Beginning in August, they will supply fresh produce sourced from nearby farms and offer nutritional education during each clinic.





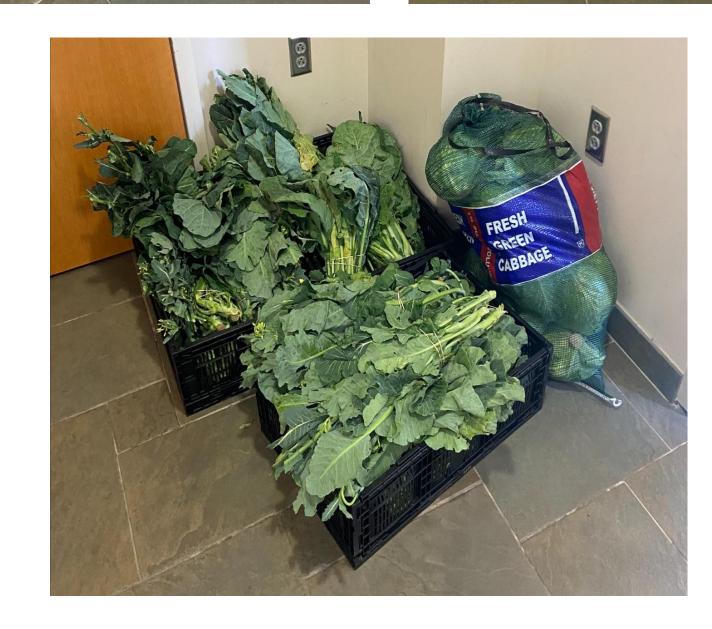


Now What?

- Find a suitable location for our refrigerator for the Farm-To-Clinic partnership.
- Attend a training from McKesson for the lipid machine.
- Implement screening tools to assess social determinants of health. We must use caution to ensure we have community resources to address any identified.
- The recent absence of our lead physician has made innovative approaches to recruit new physicians necessary.







ACKNOWLEDGEMENTS

A special thank you to Arden Vessie for sharing her work from her PCCC partnership in 2022. Additionally, thank you to Ella Whitfield for her photos and to Emily Parks and Bridget Gallagher for making our patient health kits. Further, thank you to organizations such as Access East and Farm-To-Clinic for their partnership and support they provide to our patients. Finally, a general thank you to all who volunteer their time to ensure we can continue to provide care to those in our community who most need it.