OBSERVATIONS AND RESULTS

About Grifton:
- Population: 2,516, 320 under 10 years old\(^1\)
- Located on bank of Continecia Creek\(^2\)
- Within Pitt County - 30 minutes from Greenville
- Shad Festival, held annually in April, is a source of rich cultural tradition and pride for the community and draws people to visit

Selected Data on Social Determinants:

<table>
<thead>
<tr>
<th>Measure</th>
<th>Grifton(^4)</th>
<th>Pitt County(^4)</th>
<th>North Carolina(^4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>% Residents over 25 with a Bachelor’s Degree</td>
<td>7.5%</td>
<td>29.5%</td>
<td>29.0%</td>
</tr>
<tr>
<td>Median Income ($)</td>
<td>18,533</td>
<td>42,308</td>
<td>48,256</td>
</tr>
<tr>
<td>% &lt; 100% Federal poverty level</td>
<td>26.0%</td>
<td>24.5%</td>
<td>16.8%</td>
</tr>
</tbody>
</table>

Childcare:
- Recent closure of Lil Tots Nursery and Playschool leaves very few childcare options for preschool age children
- New Beginnings Baptist Church runs a small daycare
- Doreen’s Child Care another small daycare out of a local home
- Most use out of town services

Access to Quality Food:
- Dollar General only food retailer
- No fresh produce available via retailers or farmer’s market
- Grifton Mission Ministries provides food boxes and hot meals
- Diva’s Box Community Food Pantry

Access to Healthcare:
- Kinston Pediatrics Associates
- Adult office currently closed due to COVID-19
- No pharmacy
- No dentist
- No mental health services for people without disabilities

RECOMMENDATIONS

In conjunction with a fellow LINC scholar assigned to the same town, we prepared for our visit by researching Grifton online, including the following:

- Demographic information from US Census Bureau\(^5\) and Data USA\(^6\)
- Pitt County Community Health Assessment\(^7\)
- Grifton town website, unfinished, and public Facebook pages
- Google maps
- Select news articles regarding recent business closures

With our prepared list of places to visit, we then drove together to the town and parked centrally on Queen Street, allowing us to first visit Town Hall and then walk to most businesses. Throughout our experience in Grifton, we took pictures to illustrate various social determinants of health whenever ethically able to do so.

While in Town Hall, we were able to talk informally with two community members for approximately ten minutes, where we asked for more specific information about childcare, physical activity opportunities, and general community culture. We also received a pamphlet with additional information about the community.

REFERENCES

5. Data USA; Grifton, NC (nd.). Grifton, NC. [https://datausa.io/profile/geo/grifton-nc]
7. WNCCT. (2020, February 18). Grifton’s only pharmacy abruptly closes worrying residents. [https://www.wncct.com/your-side/grifton-only-pharmacy-abruptly-closes-worrying-residents]