

Course Description	Students will participate in the comprehensive intervention care of new and return patients ages 2-20 years and their families who have been referred for specialty care of obesity and related comorbidities. Students will experience interdisciplinary evidence-based care including the physician, nutritionist and intern in Marriage and Family Therapy. Care includes applied motivational interviewing and family centered care.
Course Objectives	<ul style="list-style-type: none"> • Describe the components of an appropriate new patient evaluation for childhood obesity. • Identify and review current, evidence-based evaluation and treatment recommendations for pediatric obesity and cardiovascular risk reduction. • Explain the rationale and key aspects of the motivational interviewing method for guiding behavior change. • Demonstrate the quantitative assessment of beverage intake in a pediatric patient. • Describe and help formulate appropriate behavior change goal setting in pediatric weight management
Course Activities	There are no night, weekend or conference requirements. Students will attend all Healthy Weight clinic sessions (5-6 half-days per week) that are scheduled during the rotation period and if applicable, half-day sessions with the nutritionist. Students will review up to date reading materials and articles relevant to the care of children with obesity. In the final days of the rotation, students will present to the HW clinic staff and other students a summary on a topic relevant to the rotation or a specific issue related to care of a specific patient that came up during the course of care.
Course Schedule Requirements	No on-call requirement. Student is present during usual clinical hours (8:00am – 5:00pm, Monday – Friday, excluding holidays as determined by the ECU calendar).

Duration	2 Weeks	Location	Vidant Medical Center
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Designation	Elective	Revised	4.29.2019
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