**Course Description**

Students in the Sports Medicine course will gain a basic understanding of the evaluation, diagnosis, and management of common disorders seen in primary care sports medicine and orthopedics. They will communicate effectively as a member of our sports medicine clinical team which includes physicians and athletic trainers.

**Course Objectives**

- Complete a relevant history and physical examination on sports medicine patients and those with orthopedic related conditions
- Develop a differential diagnosis and recommend a treatment plan for commonly encountered sports medicine conditions
- Evaluate patient injury/illness and create return to play and prevention strategies for each individual case
- Create plans for management of primary care sports medicine and orthopedic related conditions using consultations with specialists
- Appropriately utilize imaging options and special services such as physical therapy and occupational therapy
- Demonstrate professionalism

**Course Activities**

Students in this course will participate in a variety of outpatient sports and medicine clinics, physical therapy clinics, and attend selected sports related High School events in the fall. Additionally, students will complete a presentation on an assigned topic.

**Course Schedule Requirements**

No on-call requirement. Student is present during usual clinical hours (7:00am – 6:00pm, Monday – Friday, excluding holidays as determined by the ECU calendar) and evening/weekend events as assigned.

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<th>Duration</th>
<th>4 weeks</th>
<th>Location</th>
<th>Family Medicine Center, Sports Medicine Clinic</th>
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<td>Designation</td>
<td>Primary Care, Elective</td>
<td>Revised</td>
<td>11.13.2020</td>
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