

Special Permission Required

Course Description	Students in the Sports Medicine course will gain a basic understanding of the evaluation, diagnosis, and management of common disorders seen in primary care sports medicine and orthopedics. They will communicate effectively as a member of our sports medicine clinical team which includes physicians and athletic trainers.
Course Objectives	<ul style="list-style-type: none"> • Complete a relevant history and physical examination on sports medicine patients and those with orthopedic related conditions • Develop a differential diagnosis and recommend a treatment plan for commonly encountered sports medicine conditions • Evaluate patient injury/illness and create return to play and prevention strategies for each individual case • Create plans for management of primary care sports medicine and orthopedic related conditions using consultations with specialists • Appropriately utilize imaging options and special services such as physical therapy and occupational therapy • Demonstrate professionalism
Course Activities	Students in this course will participate in a variety of outpatient sports and medicine clinics, physical therapy clinics, and attend selected sports related High School events in the fall. Additionally, students will complete a presentation on an assigned topic.
Course Schedule Requirements	No on-call requirement. Student is present during usual clinical hours (7:00am – 6:00pm, Monday – Friday, excluding holidays as determined by the ECU calendar) and evening/weekend events as assigned.

Duration	4 weeks	Location	Family Medicine Center, Sports Medicine Clinic
Designation	Primary Care, Elective		Revised 11.13.2020