

<b>Course Description</b>	This course will provide students an opportunity to refine nutrition and patient education skills in the ambulatory setting. Students may choose to do 1-week Nutrition Support rounds at Vidant to learn skills in writing TPN orders, when space is available on the nutrition support team. Advance notice is required for the inpatient component, as availability is limited.
<b>Course Objectives</b>	<ul style="list-style-type: none"> <li>• Perform a thorough nutrition assessment by taking a comprehensive patient history</li> <li>• Provide patient-centered nutrition counseling related to diabetes, weight control in both adult and pediatric patients, and cardiovascular risks.</li> <li>• Communicate effectively and professionally with patients through education on diabetes and health maintenance.</li> <li>• Develop group presentations in the areas of nutrition, diabetes and health maintenance</li> </ul>
<b>Course Activities</b>	<p>Students will participate in nutrition counseling sessions of adults and pediatric patients including counseling on the following areas: Adult and pediatric obesity, obesity and Type 2 diabetes, hypertension, hyperlipidemia and other nutritional problems, morbid obesity, gastric bypass and lap band evaluations, and hospital malnutrition.</p> <p>Students will complete required readings of selected practice guidelines and complete a self-study of web-based Nutrition in Medicine curriculum: <a href="http://www.med.unc.edu/nutr/nim/QxnsAboutNIM.htm">http://www.med.unc.edu/nutr/nim/QxnsAboutNIM.htm</a>.</p>
<b>Course Schedule Requirements</b>	No on-call requirement. Student is present during usual clinical hours (8:00am – 5:00pm, Monday – Friday, excluding holidays as determined by the ECU calendar).

<b>Duration</b>	2 weeks	<b>Location</b>	Family Medicine Center/ Pediatric Healthy Weight Center/ Eddie and Jo Allison Smith Cancer Care Center
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<b>Designation</b>	Elective	<b>Revised</b>	05.20.2019
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