### Course Goal(s)
- to gain a basic understanding to evaluate, diagnose and manage common disorders seen in primary care sports medicine and orthopedics
- to appraise and utilize the best evidence in caring for patients with or at risk for various orthopedic and primary care sports medicine related conditions
- to communicate effectively with physicians, staff and patients concerning the evaluation and management of primary care sports medicine and orthopedic related conditions
- to work well within the health system to provide optimum care for patients with primary care sports medicine or orthopedic related conditions

### Educational Objectives
Upon completion of this rotation, the participants will be able to...
1. obtain accurate histories regarding primary care sports medicine and orthopedic related conditions
2. perform appropriate and targeted physical exams
3. develop a differential diagnosis and recommend a treatment plan for diagnosed conditions
4. counsel patients regarding their injury/illness and begin to incorporate return to play and prevention strategies
5. appropriately utilize consultations with specialists for the co-management of primary care sports medicine and orthopedic related conditions
6. appropriately utilize imaging options and special services such as physical therapy and occupational therapy
7. demonstrate good work habits, including maturity, punctuality, availability and efficiency

### Course Readings
- articles assigned in blackboard along with other outside articles / readings

### Course Activities/Experience
- Outpatient sports medicine clinics
- High School Event coverage in the fall
- Physical therapy clinic
- Complete presentation(s) on assigned topic(s)

### On Call Requirements
None

### Student Performance & Assessment
The student will be evaluated by the faculty according to their participation in the scheduled clinical activities and the satisfactory completion of PowerPoint presentation(s) to the faculty and fellow on assigned sports medicine topic(s). Articles for review will be available through BlackBoard

### Other Info
Schedule (tentative / subject to change):

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<th>Monday</th>
<th>Tuesday</th>
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<th>Thursday</th>
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<tbody>
<tr>
<td>AM</td>
<td>Sports Medicine Clinic (FMC)</td>
<td>Sports Medicine Clinic (FMC)</td>
<td>Academic morning / MSK Radiology (FMC / Vidant)</td>
<td>Subspecialty rotation with fellow</td>
<td>Procedure Clinic (FMC)</td>
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<td>NOON</td>
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<td>Grand Rounds (FMC)</td>
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<td>PM</td>
<td>Sports Medicine Clinic (SHS)</td>
<td>Sports Medicine Clinic (Ward Sports Medicine Building or FMC)</td>
<td>PT (FMC)</td>
<td>Sports Medicine Clinic (FMC)</td>
<td>PT (FMC)</td>
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Notes:
- the 3rd Weds morning of each month is spent in a radiology sports medicine conference (8:00-9:15am).
- Friday evening includes football coverage at a local high school during block 3 and 4 rotation.

The Sports Medicine clinics are located at the Family Medicine Center (FMC) and Student Health Services (SHS). The Physical Therapy clinic is at the Family Medicine Center. Didactics occur at the Family Medicine Center (2nd floor).