Course Director | Susan Keen, MD / Kay Craven, MPH, RD, LDN  
Location | Family Medicine Center  
Duration | 2 weeks

| Course Goal(s) | Individualized to provide students an opportunity to refine nutrition and patient education skills in ambulatory setting. Students may choose to do 1-week Nutrition Support rounds at Vidant to learn skills in writing TPN orders, when space is available on the nutrition support team. This is more difficult to schedule than outpatient nutrition therefore adequate notice is required.

| Educational Objectives | 1. To practice nutrition assessment, history taking and patient centered counseling skills, especially in diabetes, weight (adults and peds), cardiovascular  
2. To refine pt. education skills in diabetes and health maintenance  
3. To refine group presentation skills in nutrition, diabetes and health maintenance.

| Course Readings | • Students will participate in nutrition counseling sessions of adults and pediatric patients. Some of these sessions will be in other departments (e.g. Pediatric Healthy Weight Center, Leo Jenkins Cancer Center, VA diabetes classes)  
• Obesity (adult and pediatrics)  
• Obesity and Type 2 diabetes, metabolic syndrome  
• Obesity, Type 2 diabetes, hypertension, hyperlipidemia and other nutritional problems  
• Morbid obesity; gastric bypass, and lap band evaluations  
• Prenatal nutrition  
• Optional but encouraged hospital malnutrition  
• Required reading of selected practice guidelines  
• Required self-study (2 hrs) of web based Nutrition In Medicine curriculum; topic of student’s interest (http://www.med.unc.edu/nutr/nim/QxnsAboutNIM.htm)  
• As defined by the student and coordinator

| Course Activities/Experience | On Call Requirements  
Student Performance & Assessment | Assessment of patients, counseling by nutritionists and diabetes educator, observation of nurses and physicians in counseling situations.  
• Student selected short written assignment (e.g. patient education handout, article for Daily Reflector, literature review)  
• Clinical evaluation (knowledge/skills/case write-ups/chart notes)  
• Participation

| Other Info |  

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