

# EXECUTIVE FUNCTIONING

**APRIL 10, 2025**  
**10:00 A.M. – 12:00 P.M.**  
**BSOM 1S-04**

## OBJECTIVES:

- Define and describe 8 Executive Functions
- Determine your Executive Functioning areas for improvement
- Create SMART goals for your 3 areas of Executive Functioning Improvement

## FEATURING:



**Allison Flowers, MAEd**  
Director of The Office of Faculty  
Affairs & Leadership Development



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