

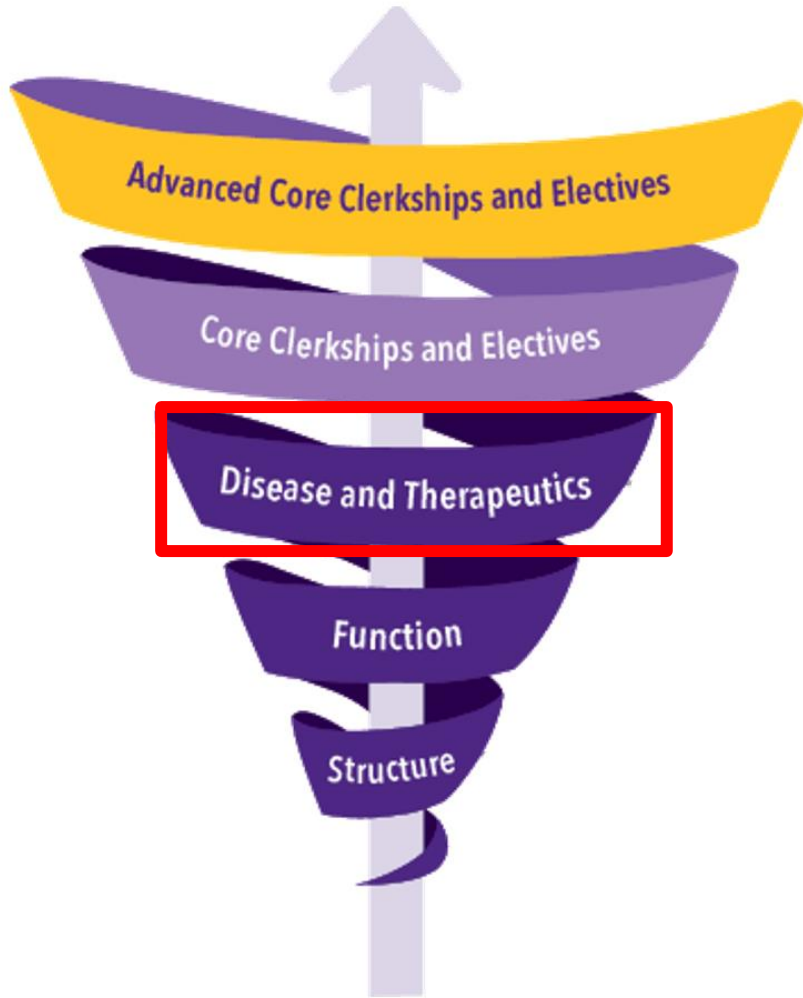
**Pathology Laboratory Sessions in the Pre-  
Clinical Medical Curriculum:  
Assessment of Construct and Effectiveness**

**Michael Denning, M3**  
Brody School of Medicine, East Carolina University

# Background

- At the Brody School of Medicine, pathology topics are taught
  - M1 Year: Basic pathology concepts
  - M2 Year: Organ-system pathology concepts integrated with pharmacology and clinical applications concepts

# Brody School of Medicine Curriculum Spiral



## DIFFERENTIATION PHASE - 13 Months

Transition to M4	<b>Advanced Core Clerkships:</b> Emergency Medicine - 4 weeks Neurology/PM&R - 4 weeks	<b>Required Experiences:</b> Ambulatory Primary Care - 4 weeks Acting Internship - 4 weeks Intensive Care - 4 weeks Electives and Flex - 30 weeks	Transition to Residency

M4

## CLINICAL PHASE - 12 Months

### Required Core Clerkships and Electives:

Family Medicine 8 weeks	Internal Medicine 8 weeks	OB/GYN 6 weeks	Pediatrics 8 weeks	Psychiatry 6 weeks	Surgery 8 weeks	Electives 4 weeks
Radiology						

M3

## FOUNDATIONAL PHASE Continued

### Block 4:

Heme/Renal	Cardiopulmonary	Nervous & Sensory	Muscle & Skin	GI & Multisystem	Endocrine & Reproductive	USMLE Step 1 Dedicated Study
Organ System Capstone						
Foundations of Medicine and Doctoring						
Society, Culture, & Health Systems and Basic Psychiatry						

M2

## FOUNDATIONAL PHASE - 20 Months

Orientation	<b>Block 1:</b> Gross Anatomy & Embryology Molecular Basis of Medicine Histology and Cell Biology	<b>Block 2:</b> Medical Neuroscience Physiology	<b>Block 3:</b> Mechanisms of Disease & Therapeutics	Summer: Independent Research activities
	Medical Microbiology & Immunology			
	Foundations of Doctoring (Preceptorships and PBL)			
	Ethical Issues in Medicine	Behavioral Science	Society, Culture, & Health Systems	

M1

# Background

- Pathology instruction at Brody includes:
  - **Lectures**
  - **Laboratories**
  - **Flipped Classroom Session**
- Laboratory sessions have traditionally been a fundamental element in pathology instruction.
- However, limited literature exists regarding the specific purpose, content, and goals of pathology laboratory sessions.
- In **Brody general course evaluations**, pathology **laboratory sessions** have been consistently cited as an **important and interesting component of the pathology course** and as a **highlight of the course**.
- However, a **systematic evaluation** of the **components of the Brody laboratory sessions** had **not been conducted to date**.

# Methods and Materials

- The **current pathology laboratory session design** and **content** at the Brody School of Medicine was **summarized**.
- **Students were surveyed** using a SurveyMonkey.com survey regarding their thoughts about the pathology session with a distinction between the **small group** and the **macroscopic / gross organ components** of the laboratories.
- A **literature review** was conducted using pubmed.gov, scholar.google.com, and google.com using key words including medical education, pathology, and laboratory.

# M1 & M2 Pathology Laboratory

## Goals of Laboratory Session

- **Reinforce “high-yield” topics**
  - No “new” content introduced
- Provide forum for **active learning** discussion of topics
- Allow students to **see disease processes in situ**
  - Normal lung vs. emphysematous lung
  - Normal kidney vs. end-stage renal disease kidney
  - Normal aorta vs. aorta with mild/moderate/severe atherosclerosis

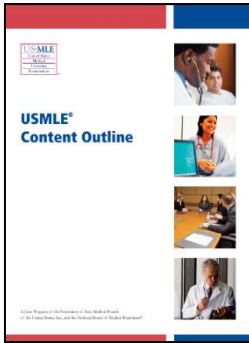


# What Topics Should Be Covered in Laboratory Sessions?

“High-Yield”

## USMLE Content Guideline, 2022

(<https://www.usmle.org/pdfs/usmlecontentoutline.pdf>)



### Normal Processes

**Embryonic development, fetal maturation, and perinatal changes, including neural tube derivatives, cerebral ventricles, and neural crest derivatives**

#### Organ structure and function

spinal cord

- gross anatomy and blood supply
- spinal reflexes

brain stem (eg, cranial nerves and nuclei, reticular formation, anatomy and blood supply, control of eye movements)

brain

- gross anatomy and blood supply
- higher function: cognition, language, memory, executive function
- hypothalamic function
- limbic system and emotional behavior
- circadian rhythm sleep-wake disorder

sensory systems

- general sensory modalities, including sharp, dull, temperature, vibratory, and proprioception
- special sensory modalities, including vision, hearing, taste, olfaction, and balance

motor systems

- brain and spinal cord (upper motoneuron)
- basal ganglia and cerebellum

autonomic nervous system

peripheral nerves

#### Cell/tissue structure and function, including neuronal cellular and molecular biology

axonal transport

excitable properties of neurons, axons, and dendrites, including channels synthesis, storage, release, reuptake, and degradation of neurotransmitters and neuromodulators

presynaptic and postsynaptic receptor interactions, trophic and growth factors

brain metabolism

glia, myelin

brain homeostasis: blood-brain barrier, cerebrospinal fluid formation and flow, choroid plexus

**Repair, regeneration, and changes associated with stage of life**

# Nervous System & Special Senses

**Abnormal Processes: Health and Health Maintenance, Screening, Diagnosis, Management, Risks, Prognosis**

**Infectious, immunologic, and inflammatory disorders**

**infectious disorders:** meningitis: bacterial (*Actinomyces israelii*; *Haemophilus influenzae*; *Listeria monocytogenes*; *Mycobacterium tuberculosis*; *Neisseria meningitidis*; *Staphylococcus aureus*, *epidermidis*; *Streptococcus agalactiae*; *Streptococcus pneumoniae*); viral (adenovirus, arboviruses, echovirus and coxsackie A & B viruses, polioviruses, herpes simplex virus, varicella zoster, human immunodeficiency virus, lymphocytic choriomeningitis virus, measles virus, mumps virus, St. Louis encephalitis virus, California encephalitis virus, Western equine encephalitis virus); fungal (*Blastomycosis dermatitidis*, *Cryptococcus neoformans/gattii*); spirochetal (*Borrelia burgdorferi*; *Leptospira*; *Treponema pallidum*, including neurosyphilis); protozoal/helminths (*Acanthamoeba*, *Naegleria fowleri*, *Strongyloides stercoralis*, *Angiostrongylus cantonensis*, *Baylisascaris procyonis*); encephalitis (herpesvirus [HSV-1], varicella-zoster virus, Epstein-Barr virus, cytomegalovirus, mumps virus, enterovirus, West Nile virus, St. Louis encephalitis virus, rabies virus, Eastern and Western equine encephalitis virus, poliovirus, *Taenia*, *Toxoplasma gondii*); prion disease (eg, Creutzfeldt-Jakob disease); botulism (*Clostridium botulinum*), tetanus

**Cerebrovascular disease:** arteriovenous malformations, ectatic cerebral vessels; transient ischemic attack; stroke, thrombotic: cerebral artery occlusion/cerebral infarction; stroke, embolic: cerebral embolism; stroke: intracerebral hemorrhage, including subarachnoid hemorrhage, traumatic intracranial hemorrhage; cerebral artery aneurysm; carotid artery stenosis/atherosclerosis/occlusion/dissection; vertebral artery deficiency/dissection; subclavian steal syndrome; vascular dementia; hypertensive encephalopathy; posterior reversible encephalopathy syndrome; venous sinus thrombosis

**Disorders relating to the spine, spinal cord, and spinal nerve roots:** cauda equina syndrome; spinal artery thrombosis/embolus/infarct; spinal cord compression; spinal cord transection, paraplegia and quadriplegia, acute and chronic effects (eg, autonomic dysreflexia); spinal stenosis (cervical, lumbar); syringomyelia

#### Cranial and peripheral nerve disorders

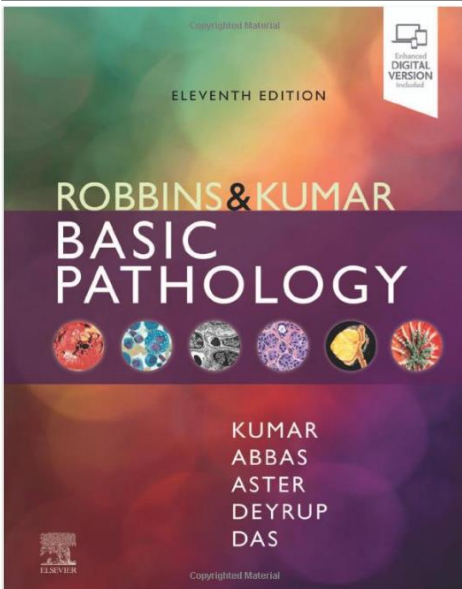
**cranial nerve injury/disorders:** cranial nerve injury; Bell palsy; anisocoria, miosis, mydriasis; internuclear ophthalmoplegia; nystagmus and other irregular eye movements; vestibular neuritis, labyrinthitis; ptosis of the eyelid; Horner syndrome

**peripheral nerve/plexus injury/disorders:** peripheral nerve injury, including brachial plexus; carpal/cubital/tarsal/peroneal tunnel syndrome; mononeuritis, Guillain-Barré syndrome; Miller Fisher syndrome; neuropathy (eg, Charcot-Marie-Tooth disease); herpes zoster

# What Topics Should Be Covered in Laboratory Sessions?

“High-Yield”

Robbins Basic Pathology, 11<sup>th</sup> Edition, 2023



28

The Central Nervous System

Marta Margeta  
Arie Perry

## Textbook Topics / Key Words (From Pathologic Basis of Disease, 10<sup>th</sup> Ed.)

### Cellular Pathology of the Central Nervous System 1242

- Reactions of Neurons to Injury 1242
- Reactions of Astrocytes to Injury 1242
- Reactions of Microglia to Injury 1243
- Reactions of Other Glial Cells to Injury 1243

### Cerebral Edema, Hydrocephalus, Raised Intracranial Pressure, and Herniation 1244

- Cerebral Edema 1244
- Hydrocephalus 1244
- Raised Intracranial Pressure and Herniation 1244

### Malformations and Developmental Disorders 1245

- Neural Tube Defects 1245
- Forebrain Anomalies 1246
- Posterior Fossa Anomalies 1247
- Syringomyelia and Hydromyelia 1248

### Perinatal Brain Injury 1248

#### Trauma 1249

- Skull Fractures 1249
- Parenchymal Injuries 1249
  - Concussion 1249
  - Direct Parenchymal Injury 1249
  - Diffuse Axonal Injury 1250
- Traumatic Vascular Injury 1250
  - Epidural Hematoma 1250
  - Subdural Hematoma 1251
- Sequelae of Brain Trauma 1252
- Spinal Cord Injury 1252

### Cerebrovascular Disease 1253

- Hypoxia and Ischemia 1253
  - Focal Cerebral Ischemia 1253
  - Lacunar Infarcts 1255
  - Global Cerebral Hypoxia/Ischemia 1256
- Intracranial Hemorrhage 1257
  - Intraparenchymal Hemorrhage 1257
  - Subarachnoid Hemorrhage and Ruptured Saccular Aneurysm 1258
  - Vascular Malformations 1260
- Vascular Dementia 1260

### Infections 1261

- Acute Meningitis 1261
  - Acute Pyogenic (Bacterial) Meningitis 1262
  - Acute Aseptic (Viral) Meningitis 1262
- Acute Focal Suppurative Infections 1262
  - Brain Abscess 1262
  - Subdural Empyema 1263
  - Extradural Abscess 1263
- Chronic Bacterial Meningoencephalitis 1263
  - Tuberculosis 1263
  - Neurosyphilis 1264
  - Neuroborreliosis (Lyme Disease) 1264

### Viral Meningoencephalitis 1264

- Arthropod-Borne Viral Encephalitis 1264
- Herpes Simplex Virus Type 1 1265
- Herpes Simplex Virus Type 2 1266
- Varicella-Zoster Virus 1266
- Cytomegalovirus 1266
- Poliomyelitis 1266
- Rabies 1266
- Human Immunodeficiency Virus 1267
- Progressive Multifocal Leukoencephalopathy 1267

### Fungal Meningoencephalitis 1268

### Other Infectious Diseases of the Nervous System 1268

### Demyelinating Diseases 1269

- Multiple Sclerosis (MS) 1269
- Neuromyelitis Optica 1272
- Acute Disseminated Encephalomyelitis and Acute Necrotizing Hemorrhagic Encephalomyelitis 1272
- Central Pontine Myelinolysis 1272

### Neurodegenerative Diseases 1273

- Prion Diseases 1273
  - Creutzfeldt-Jakob Disease (CJD) 1274
  - Variant Creutzfeldt-Jakob Disease 1275
- Alzheimer Disease (AD) 1275
- Frontotemporal Lobar Degenerations (FTLDs) 1280
  - FTLD-tau 1280
  - FTLD-TDP 1280
- Parkinson Disease (PD) 1282
  - Dementia With Lewy Bodies 1283

### Atypical Parkinsonian Syndromes 1284

- Progressive Supranuclear Palsy (PSP) 1284
- Corticobasal Degeneration (CBD) 1284
- Multiple System Atrophy (MSA) 1284
- Huntington Disease (HD) 1285
- Spinocerebellar Degenerations 1286
  - Spinocerebellar Ataxias (SCA) 1286
  - Friedreich Ataxia 1287
  - Ataxia-Telangiectasia 1287
- Amyotrophic Lateral Sclerosis (ALS) 1287
- Other Motor Neuron Diseases 1288
  - Spinal and Bulbar Muscular Atrophy (Kennedy Disease) 1289
  - Spinal Muscular Atrophy (SMA) 1289

### Genetic Metabolic Diseases 1289

- Neuronal Storage Diseases 1289
- Leukodystrophies 1290
- Mitochondrial Encephalomyopathies 1290

### Toxic and Acquired Metabolic Diseases 1291

- Vitamin Deficiencies 1291
  - Thiamine (Vitamin B<sub>1</sub>) Deficiency 1291
  - Vitamin B<sub>12</sub> Deficiency 1291
- Neurologic Sequelae of Metabolic Disturbances 1292
  - Hypoglycemia 1292
  - Hyperglycemia 1292
  - Hepatic Encephalopathy 1292
- Toxic Disorders 1292
  - Carbon Monoxide 1292
  - Ethanol 1292
  - Radiation 1292

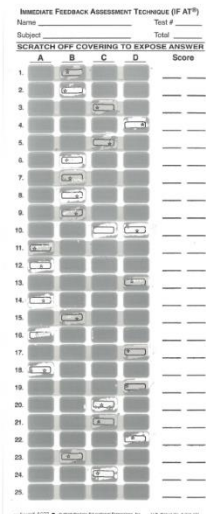
### Tumors 1293

- Gliomas 1293
  - Astrocytoma 1293
  - Oligodendroglioma 1295
  - Ependymoma 1296
- Choroid Plexus Tumors 1298
- Neuronal and Glioneuronal Tumors 1298
- Embryonal Neoplasms 1298
  - Medulloblastoma 1298
- Primary CNS Lymphoma 1299
- Meningiomas 1300
- Metastatic Tumors 1301
- Paraneoplastic Syndromes 1301
- Familial Tumor Syndromes 1302
  - Neurofibromatosis and Schwannomatosis 1302
  - Tuberous Sclerosis Complex 1302
  - Von Hippel-Lindau Disease 1302

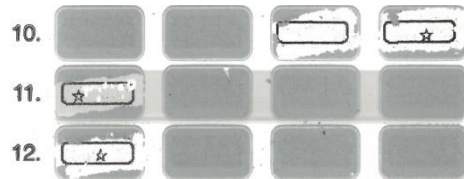


# Design

- **Number: Basic Pathology = 2; Organ System Pathology = 12 → 14 Total**
- **Setting:** Laboratory Space, 7<sup>th</sup> Floor of Brody Building
- **Components:**
  - **Small Group Case-Based Discussion:** Case-based PowerPoint content with questions are reviewed; group responses to questions are recorded on Immediate Feedback Assessment Technique (IFAT) scratch cards (Epstein Educational Enterprises).
  - **Macroscopic / Gross Organ Review - Normal and Abnormal:** Demonstration and discussion of key, “high-yield” pathologic entities.



## Immediate Feedback Assessment Technique (IFAT) Card



- **Attendance:** Attendance = Required

# M1 & M2 Pathology Laboratory

## Small Group Cases: Clinical / Lab Data / Imaging / Pathology

### Turning Point Question

### Question 1

A 55-year-old man presented with **increasing dyspnea on exertion**. Past medical history was significant for hypertension, hyperlipidemia, 3-vessel disease coronary artery disease with a chronic, total occlusion of LAD deemed not amenable to intervention.

**Physical Examination:** **Lower extremity edema bilaterally** to above the knees; Liver enlarged and tender to palpation; Ascites

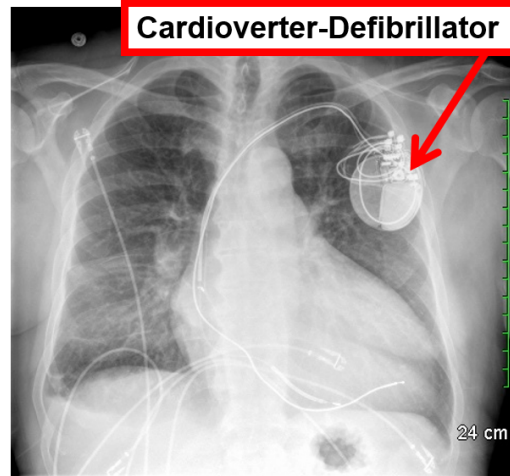
**Chest X-Ray:** Cardiomegaly, severe; Pulmonary edema, interstitial, moderate

**Echocardiogram:** Left ventricle and atrium dilation, severe; Left ventricle thrombus; right ventricle wall thick and lumen dilated.

The patient's findings are consistent with **congestive heart failure (CHF)**. What **serum analyte** is valuable as one piece of data in (1) making the **diagnosis of CHF** and (2) **assessing severity and response to treatment**?

- A. AST and ALT
- B. Troponin I or T
- ✓ C. B-type natriuretic factor
- D. Creatinine kinase – MB isoform

Heart Is an Endocrine Organ Too!



**Most Common Use:**  
**Marker of Left Heart Failure ...**  
**Most Common Form of HF**

- **Elevated in Right Heart Failure too ... doesn't distinguish R and L Heart Failure**

- **Lab Tests:**  
**Must be interpreted in clinical context**

## Heart Failure

### Laboratory Data

- **B-Type Natriuretic Peptide** (BNP) produced and secreted by ventricular myocytes
  - Stimulation: volume expansion / pressure overload
- Good marker for "cardiac failure": can follow over time
  - <100 pg/mL No heart failure
  - 100-300 pg/mL Possible heart failure
  - >300 pg/mL Mild heart failure
  - >600 pg/mL Moderate heart failure
  - >900 pg/mL Severe heart failure
- Not specific for heart failure: Interpret in clinical context including echocardiogram, etc.

# M1 & M2 Pathology Laboratory

## Small Group Cases: Clinical / Lab Data / Imaging / Pathology

### Turning Point Question

### Question 3

Physical examination revealed of a patient identified **jugular venous distension, lower extremity edema, and ascites**. In addition, serum aspartate aminotransferase / transaminase (**AST**) and alanine aminotransferase / transaminase (**ALT**) levels were moderately elevated. **Which one of the following best explains this combination of physical examination and laboratory abnormalities?**

- A. Myocardial infarct
- B. Right and left heart failure
- C. Left heart failure
- D. Right heart failure



### Hemodynamic Problem

#### Clinical Finding



#### Organ System Differential

##### Heart

- Right Heart Failure

↑ Hydrostatic Pressure in Inferior Vena Cava

##### Liver

- Cirrhosis → ↓ Protein Synthesis

↓ Protein Synthesis → ↓ Osmotic Pressure:

##### Kidney

- Nephrotic Syndrome (or Severe Nephritic Syndrome)

↑ Protein Loss → ↓ Osmotic Pressure:



# M1 & M2 Pathology Laboratory

## Small Group Cases: Clinical / Lab Data / Imaging / Pathology

2018 Article: Rwanda had only **five cardiologists** and **no heart surgeons** or **hospitals equipped to perform heart surgery** — for a population of 12 million.

### Where a Sore Throat Becomes a Death Sentence

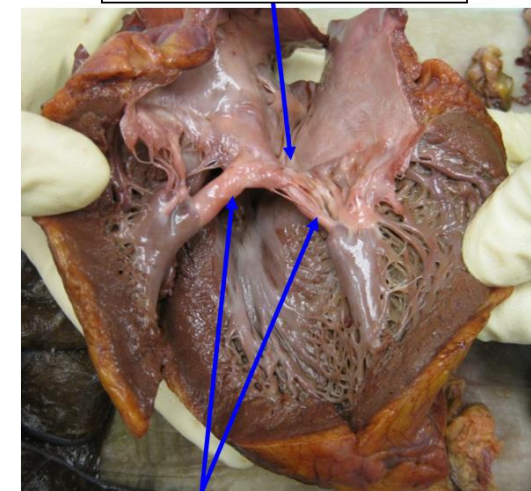
Once a year, doctors travel to Rwanda to perform lifesaving surgery on people with damaged heart valves — a disease caused by untreated strep throat.

- **Once a year, 40 to 60 volunteers fly to Kigali, Rwanda:** heart surgeons, cardiologists, nurses, anesthesiologists, experts in cardiac ultrasound, biomedical technicians, pharmacists, support staff and perfusionists who run the heart-lung machine that keeps patients alive during surgery.
- They come from the University of Vermont, Harvard-affiliated hospitals and other medical centers. They pay their own airfare, and Rwanda's Ministry of Health covers some hotel rooms and meals. Most use their vacation time, and this year Team Heart asked each volunteer also to raise \$500 in donations to help cover costs.

### Answer 8

Which heart valve is **MOST COMMONLY** involved in **rheumatic heart disease**?

- A. Mitral valve
- B. Tricuspid valve
- C. Pulmonary valve
- D. Aortic valve
- E. All valves equally involved



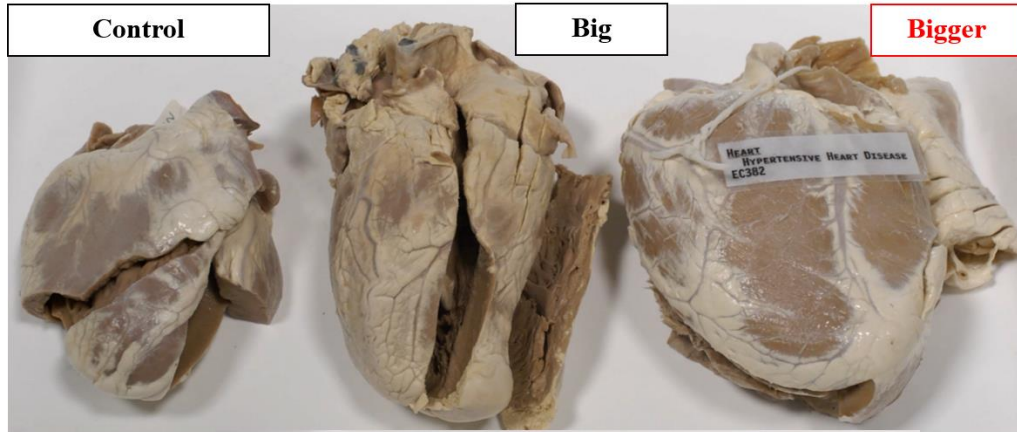
Chordae Tendineae: thickened and fused

The mitral valve is by far the most commonly involved valve for reasons that are unknown. Per Robbins:

- |  |  |
|--|--|
| - <b>Mitral Valve (alone):</b>                                       | <b>65-75%</b>                                      |
| - <b>Aortic Valve</b><br>(usually with Mitral Valve involvement too) | <b>25%</b>   |
| - <b>Tricuspid</b>   | <b>Uncommon</b>                                    |
| - <b>Pulmonary</b>   | <b>Uncommon ... <b>LEAST COMMONLY INVOLVED</b></b> |

# M1 & M2 Pathology Laboratory

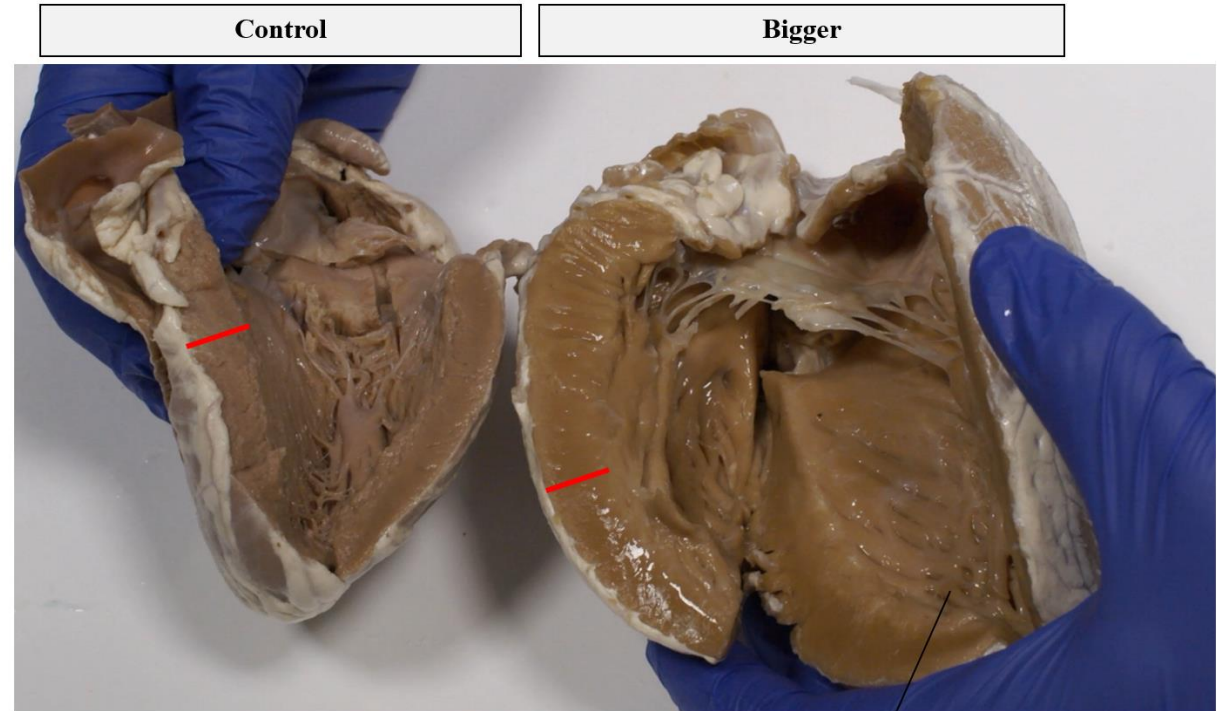
## Macroscopic Specimens



**Risk of Arrhythmia  
and Sudden Death**

**Really Big**

**Hypertensive  
Heart Disease:  
Cardiomegaly**



**Some Failure:  
Left Ventricle Dilation**



# M1 & M2 Pathology Laboratory

## Macroscopic Specimens

Gentle,  
Non-Scar-  
Forming  
Pimping  
of  
Students

### Hypertension Complications by Organ System

#### Brain

##### - Arteriolosclerosis:

- Ischemic injury  
→ Infarct

##### - Aneurysm:

Charcot-Bouchard  
in basal ganglia

##### - Hemorrhage risk

##### - Embolic stroke

#### Eyes

##### - Arteriolosclerosis:

- Copper or Silver Arteries (light reflex) → Ischemia
- Vessel Narrowing and Kinking
- Hemorrhages
- Leakage: Plasma
- Cotton wool Spots & Exudates
- Optic disc edema
- Aneurysms: microscopic, retina

#### Kidneys

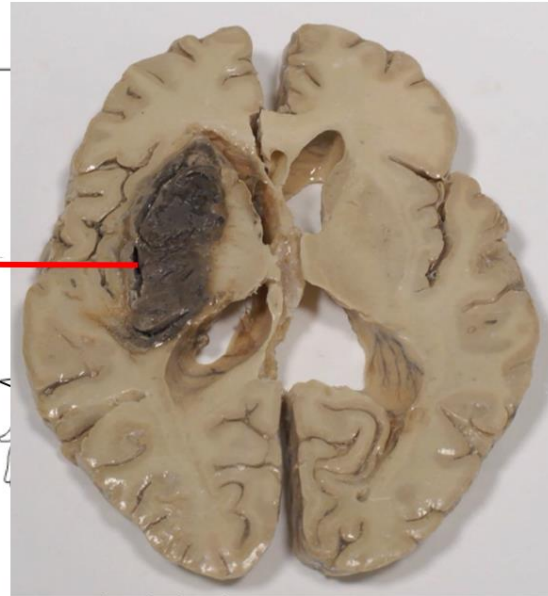
##### - Arteriolosclerosis:

- Ischemia
- Glomerulosclerosis
- Glomerulus loss
- Tubule loss
- Fibrosis
- Chronic inflammation

#### Blood Vessels: Aorta & Major Branches

##### - Arteriolosclerosis:

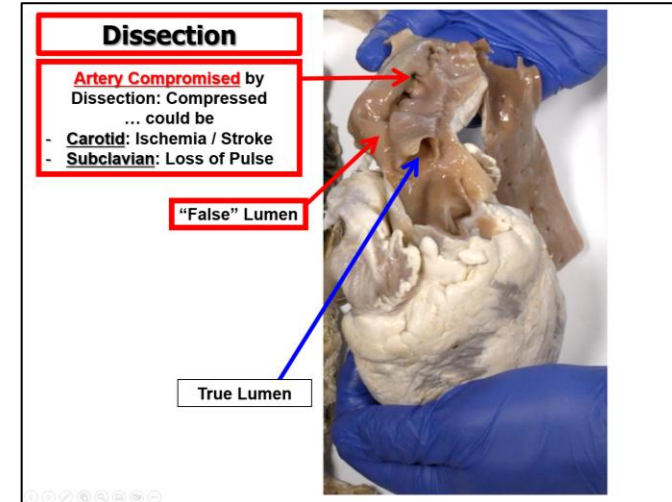
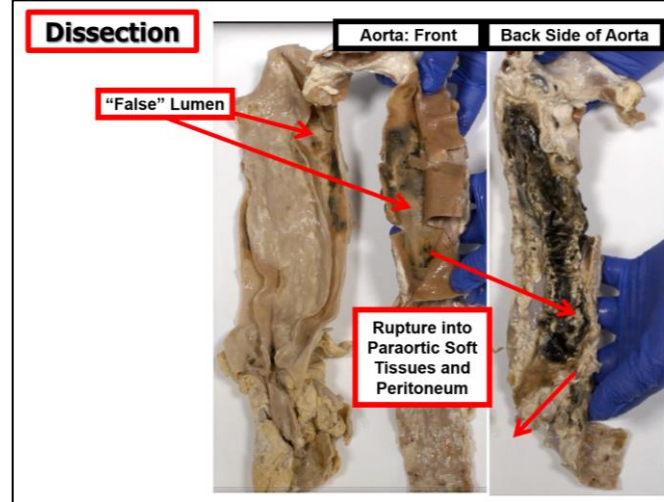
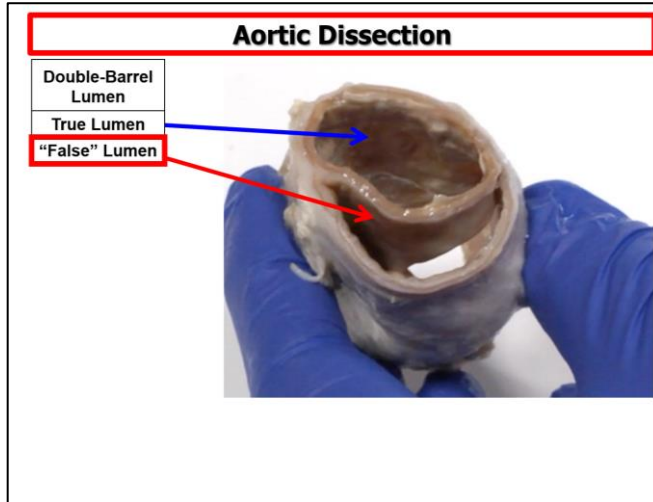
- Ischemic injury
- Limb claudication
- Atherosclerosis
- Ischemic injury
- Thrombosis on surface
- Embolization
- Aneurysm formation: Hypertension contributes



(Modified from Lillie LS.  
Pathophysiology of Heart  
Disease, 5<sup>th</sup> Edition, 2011)

# M1 & M2 Pathology Laboratory

## Macroscopic Specimens



**Lab Reinforces Concepts Discussed in Lecture**

**Nothing New!**

**Aortic Dissection**

**Definition**

- Blood Enters Arterial Wall; dissects along MEDIA
- Two Types:
  - **PROXIMAL / Ascending (TYPE A)** (~90-95%)
    - More common, most serious
    - Ascending aorta alone, ascending arch and descending aorta.
  - **DISTAL / Branch (TYPE B)** (~5-10%)
    - Begin distal to the ostium of the left subclavian artery.

**Aortic Dissection: Classification**

Ascending (Proximal)    Branch (Distal)

Aortic Annulus Distortion → Regurgitation

FIGURE 11-21 Classification of dissections. Type A (proximal) involves the ascending aorta, either as part of a more extensive dissection (DeBakey I) or in isolation (DeBakey II). Type B (distal or DeBakey III) dissections arise beyond the takeoff of the great vessels. The serious complications predominantly occur in type A dissections.

(Robbins, 8<sup>th</sup> Ed., 2010)

**Aortic Dissection**

**Cause of Death: Tamponade vs. Exsanguination**

- Usual cause of death is due to:
  - **Rupture of the dissection outward** through the outer 1/3 of the media-adventitia leading to:
    - **Hemopericardium** (Tamponade)
    - **Hemothorax**
    - **Hemoperitoneum**

**Type A Dissection: Ascending Aorta**

False Lumen  
Ascending Aorta  
Intimal Tear

Pericardial Blood / Thrombus

Descending Aorta

(Nallamothu BK, N Engl J Med 345:359, 2001)

# Acquisition of Macroscopic / Gross Organs

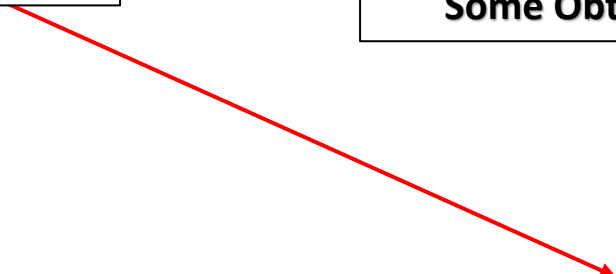
**Surgical  
Pathology  
Specimens**

**Legacy Specimens**

Many Unobtainable Today:  
e.g. Intact Mastectomy Specimen;  
Some Obtained in 1970s and 1980s ... Still in Use

**Autopsy  
Pathology  
Specimens**

**Organ Inventory**





**Living  
Patient  
Consent:  
**General  
Photo  
/ Video /  
Drawing****

**PHOTOGRAPHS/VIDEO:** I give permission to ECU Health and Medical Staff Members (including agents and contractors) to take photographs or make videos or drawing of me for permissible treatment, payment, or health care operations purposes (may include quality assessment, patient identity, education, and training) as long as consistent with policies and laws that protect my rights. If you do not want to participate in photographs/videos/drawings, please initial:

Photograph \_\_\_\_\_ Video \_\_\_\_\_ Drawings \_\_\_\_\_

Authorization/Consent is effective one year from date signed; however, will not expire for service or claims processing for admissions or visits occurring while it was in effect.

Note: If the services provided are recurrent therapeutic series (rehab/chemo), you will only need to sign one consent form to cover all the recurrent services provided within 90 days from the date of your signature.

Patient:

X \_\_\_\_\_  
Signature of Patient

X \_\_\_\_\_  
Date Time

X \_\_\_\_\_  
Print Name of Patient

Representative:

\_\_\_\_\_  
Signature of person signing on behalf of Patient

\_\_\_\_\_  
Date Time

\_\_\_\_\_  
Print Name of person signing on behalf of Patient

\_\_\_\_\_  
State why patient can not sign for him/herself

**Guarantor:** (person or entity that agrees to be responsible for payment) By signing below as guarantor [does not apply to the patient, spouse (when medical care is necessary), or parents of a minor child], I hereby agree to pay all charges of Facility that are not covered or paid within a reasonable time by any medical insurance/coverage, whether or not I am otherwise legally obligated to pay.

\_\_\_\_\_  
Signature of Guarantor

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Print name of Guarantor

\_\_\_\_\_  
Date Time

# Surgery Consent Form

- I understand that the risks, benefits, and alternatives of the anesthetic (including conscious sedation when appropriate) will be explained to me prior to the anesthetic being administered.
- I consent to the examination and retention for scientific purposes and study by a pathologist, of all tissues and organs removed during the course of the above treatment with privilege of ultimate disposal resting with said Pathologists.
- I consent to the photographing or televising of the operations or procedures to be performed, including appropriate portions of my body for medical scientific or education purposes, provided my identity is not revealed by the pictures or by descriptive texts accompanying them.
- I understand that the expected results of said treatment cannot be guaranteed. The healthcare provider listed above has discussed to my satisfaction the following:
  - A. The nature and character of the proposed treatment/procedure.
  - B. The anticipated benefits and results of the proposed treatment/procedure.
  - C. The recognized alternative forms of proposed treatment/procedure.
  - D. The recognized serious possible risks, complications, side effects of the proposed treatment/procedure, including any that might occur during recuperation, and of the recognized alternative forms of proposed treatment/procedure, including non-treatment.
  - E. The anticipated date and time of the proposed treatment/procedure.
- I understand that Vidant Health, together with its affiliated hospitals, clinics, and other services, is associated with East Carolina University and other educational institutions, and I agree that students training to be physicians, nurses, and Allied Health personnel may assist in providing my care. I understand that I have the right to decline to participate in teaching activities. I further understand that observers and/or agents of contract vendors may be admitted to the procedure area and may assist in my care.
- The healthcare provider listed above has offered to answer all inquiries concerning the proposed treatment/procedure. I understand that I am free to withhold or withdraw consent to the proposed treatment at any time.

*(Cross out any paragraphs above which do not apply. Date and Initial at the time you cross out.)*

~~X~~

Patient or representative signature      Witness signature      Date      Time



**Autopsy  
Consent  
Form**



**AUTHORIZATION FOR AUTOPSY**

I, \_\_\_\_\_, bearing the relationship  
(Name of Next-of-Kin)

OF \_\_\_\_\_ as closest next-of-kin of  
(Relationship)

\_\_\_\_\_ hereby:  
(Name of Deceased)

Authorize staff physicians and employees of Vidant Medical Center, to conduct a diagnostic postmortem examination of the deceased, to include removal, examination, and disposal of organs in a manner consistent with and within the scope of applicable state law, regulations, procedures, and standards of care [NCGS 130A-398(5A)].

I further authorize the removal and retention of organs for purposes of education, research, or the advancement of medical science in a manner consistent with and within the scope of applicable state law, regulations, procedures and standards of care as long as the donor's identity remains anonymous [NCGS 130A-402 et seq. (N.C. uniform anatomical gift act)].

List restrictions, if any: (required)

\_\_\_\_\_  
(Write "NONE" if there are no restrictions)

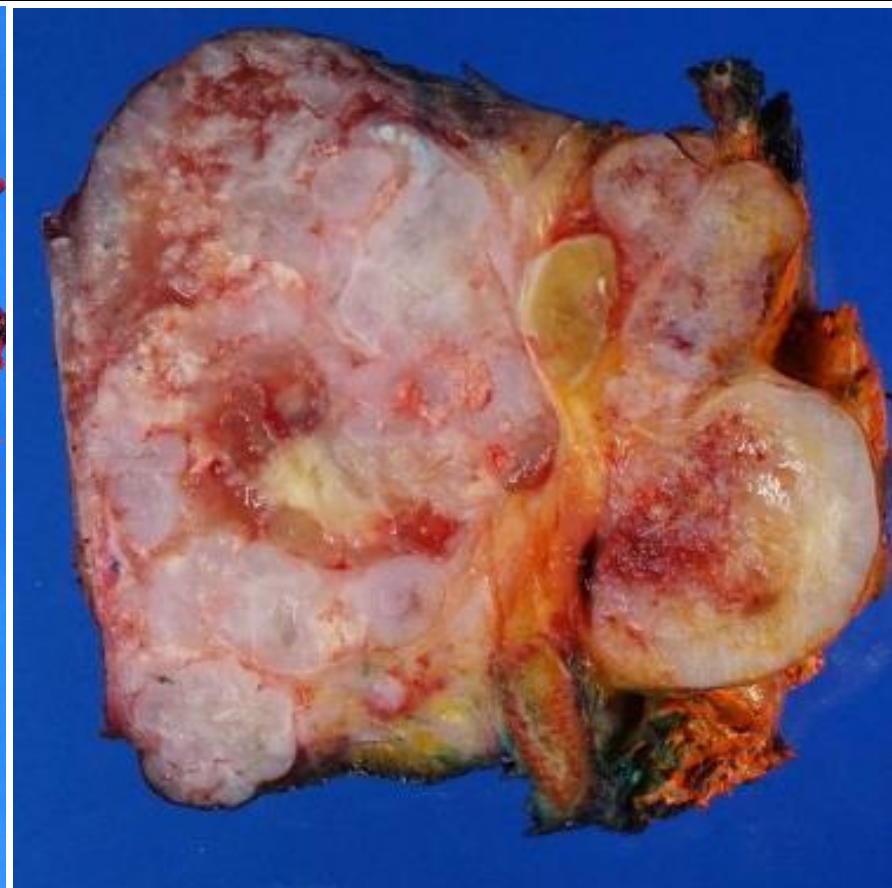
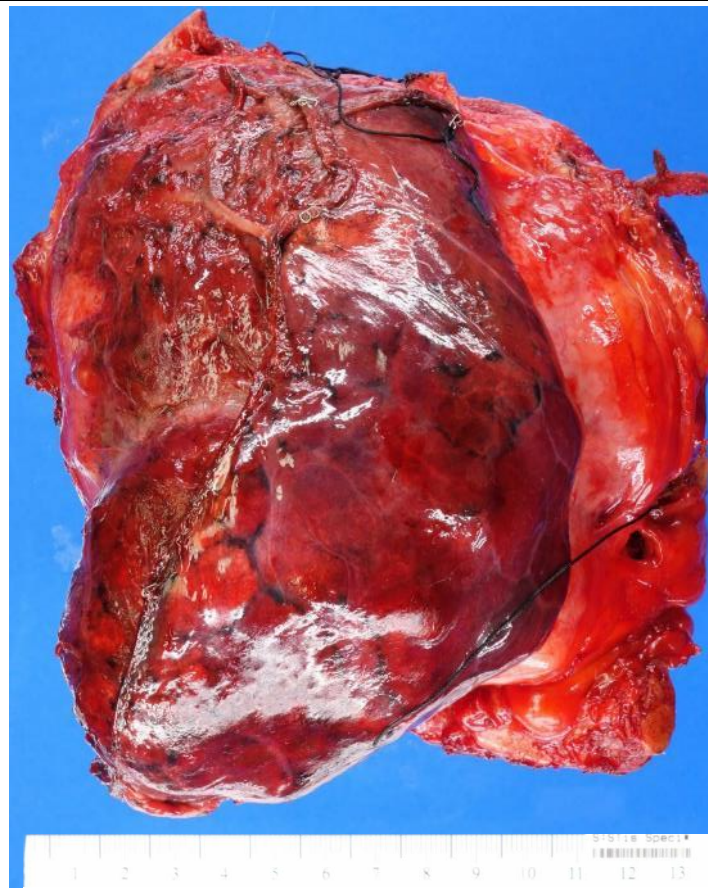
Signed \_\_\_\_\_ (relative)

# Specimen Needed

## Chondrosarcoma

Case and Specimen Now Available for Teaching in 2023 Block 4 Course

Left Rib / Chest Wall Mass



Felicia Davis, M.D.



# Supplementation

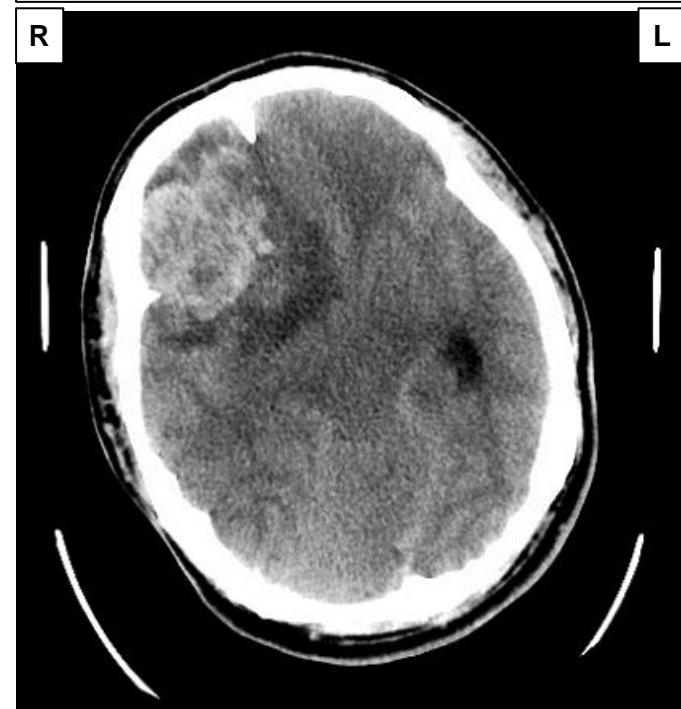
## Photographs of Specimens For Which Sectioning Makes Specimen Itself Not Usable

Germ Cell Neoplasm:  
Choriocarcinoma

Itself Not Usable

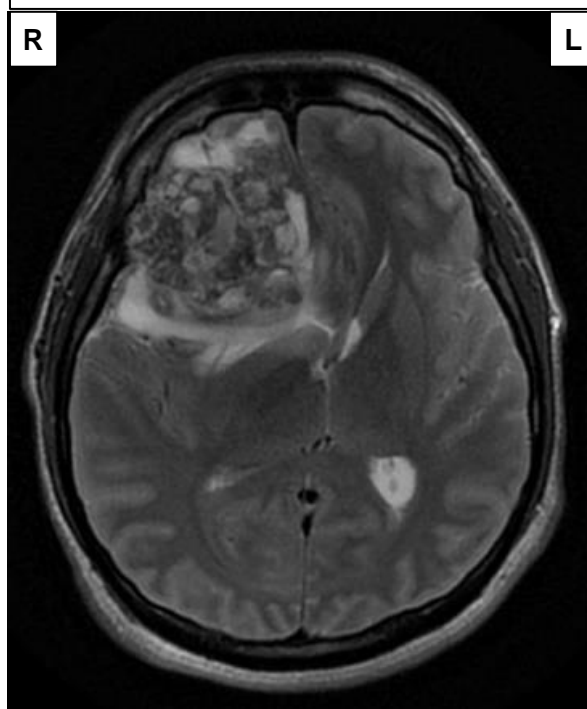
18-Year-Old Presenting with Headaches / Hemorrhagic Right Frontal Mass

CT Scan: Axial



Right Frontal Hemorrhage

MRI Scan: Axial – T2



Right Frontal Hemorrhagic Mass

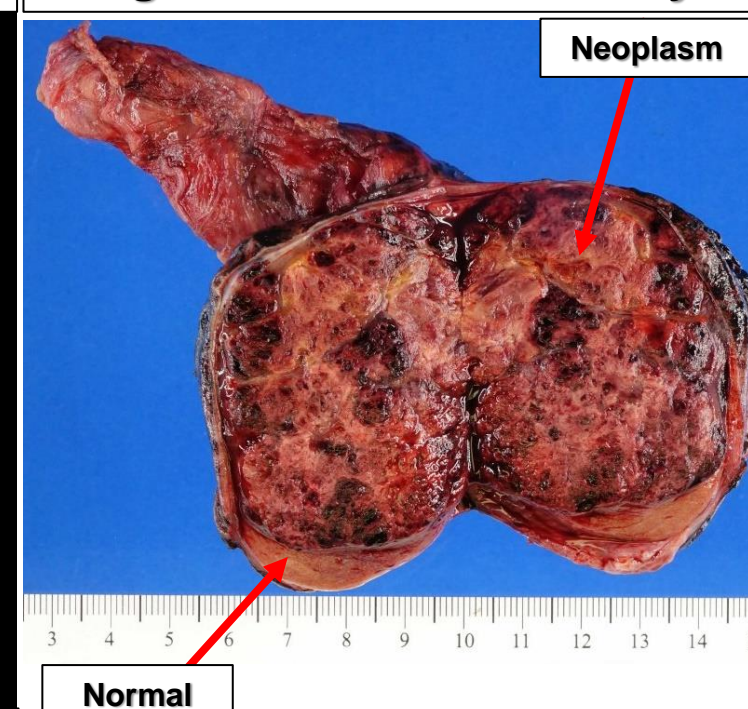
CT Scan: Coronal



Right Testis

Left Testis

Right Radical Orchiectomy



Neoplasm

Normal Testis

# Use of Macroscopic / “Gross” Specimens

## - M1 & M2 Students

- Pathology Laboratory Sessions

## - M4 Students

- Neurology / PM&R Clerkship

## - Special Sessions

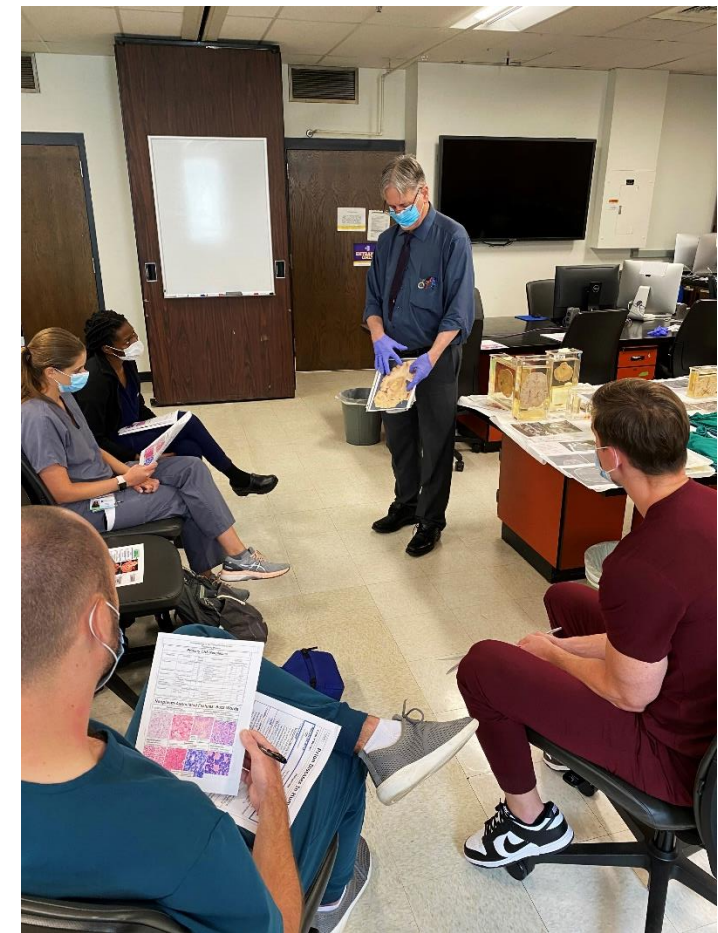
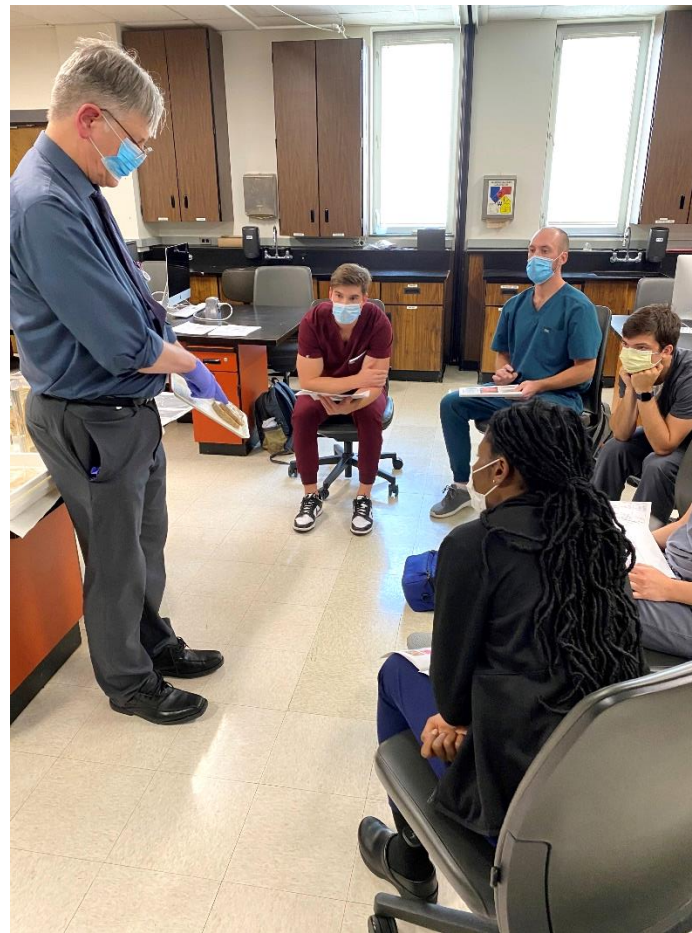
- Second Look
- Brody Ambassadors Health Sciences Academy
- SNMA Pre-Medical Conference
- Brody Rise

**Multipurpose**  
**Teaching Materials:**  
**Positioned for**  
**Various Settings**



# Use of Macroscopic / “Gross” Specimens

## M4 Neurology / Physical Medicine & Rehabilitation Clerkship: Neuropathology PM Sessions X2





# Vascular Disease

Infarct: Focal / Embolic

MCA Distribution:

Acute: Pale



PCA Distribution:

Acute vs. Chronic / Hemorrhagic



MCA:

Chronic



# Degenerative Disease

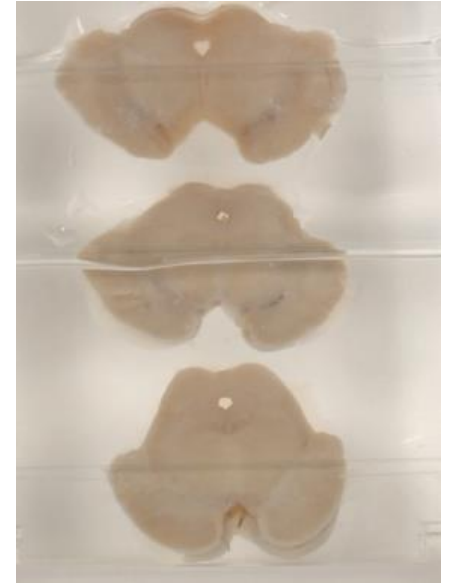
Dementia: Alzheimer Disease



Dementia: Lewy Body Dementia



Movement Disorder: Parkinson Disease



# Survey

- Survey responses from **72 of 78 students** (92.3%) were obtained.
- Likert scale (1-5): Scores of 4 (agree) and 5 (strongly agree) were combined:
  - **Laboratory Sessions in General**
    - Useful way to reinforce pathology concepts 83%
  - **Components of Laboratory Session** considered Useful in Reinforcing Pathology Concepts and Enhancing Education
    - Small Group Case-Based Component 68%
    - Macroscopic / Gross Organ Component 89%
  - **Session Construct for Laboratory Sessions**
    - Gross Organ Review Only Laboratory Sessions 82%  
(No Small Group) Useful When Number of Organs Justifies It (e.g. Single Laboratory for Female & Male Reproductive systems and Pregnancy)

# Survey

## Positives

### General:

- The laboratory sessions are a great way to review high-yield material covered in lecture.
- I think it has been a great tool to reinforce what we are learning and to repeatedly hit on high yield concepts in preparation for quizzes and examinations.
- I think the laboratory sessions are very useful and allow students to have an in-person experience of seeing real organs and how certain pathologies manifest.
- It was great to be able to see in person what we were learning about.
- I think we need to see these organs at some point to make us well-rounded physicians, so we need to do it.
- Hearing Dr. Boyer talk things out, and pimping us on useful information has been incredibly helpful and I appreciate all of the time and effort that you put into each session.
- Love seeing the macroscopic effects of microscopic processes, really helps solidify the pathology for me.

### Small Group vs. Gross Organs Only:

- I like the powerpoint portion of the group sessions to talk over answers with colleagues.
- I enjoy the large group sessions because it gives Dr. Boyer more time to review more organs.



# Survey

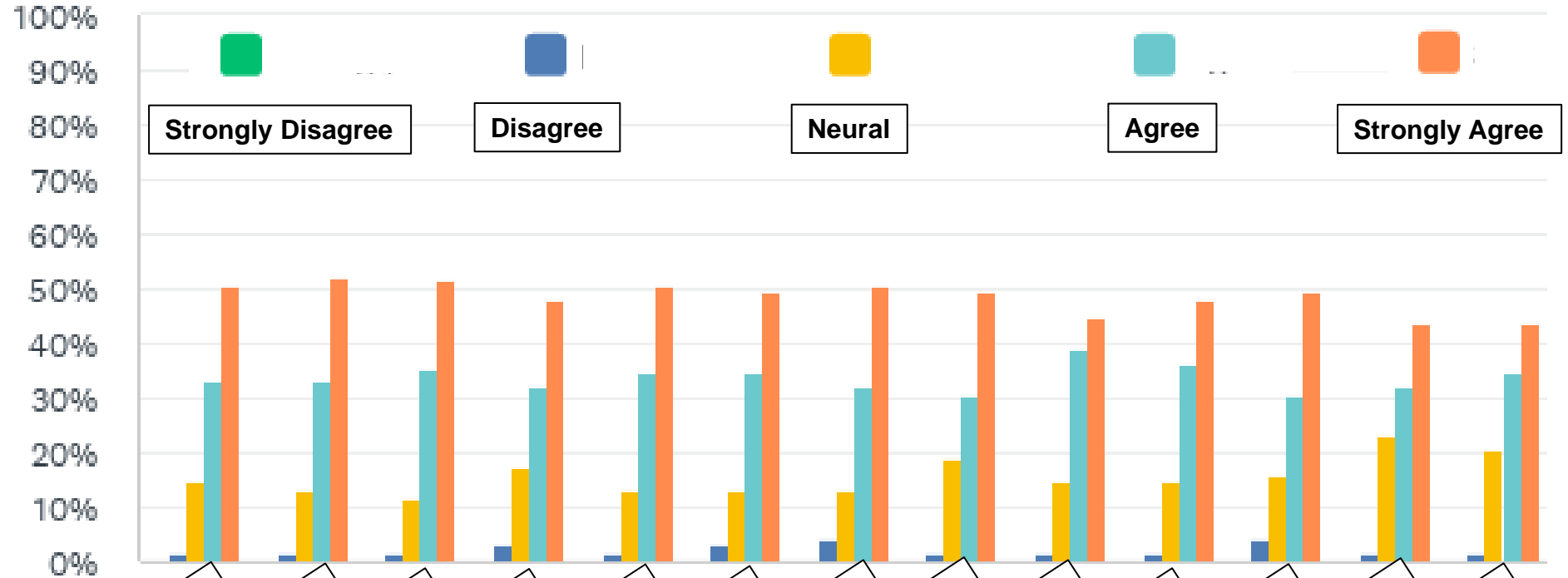
## Areas for Improvement

- The two smaller lab groups sometimes feels rushed, either going over the time allotted or having to skip the organs. I felt like I could see the organs just as well during the large group and we had more time to talk about disease processes/organ examples.
- These sessions can run long, and cover too many topics, decreasing the usefulness. Potentially making more sessions with fewer topics to cover in each would be helpful.
- It is oftentimes difficult to see exactly what we are looking at when it comes to looking at the gross organ specimens. I think it would be more beneficial to have the gross organ specimen laboratory session structured the same way as they are when we have Psychiatry Standardized Patient sessions: have one group for 50 minutes at 10:00 A.M. and another group for 50 minutes at 11:00 A.M. to have a smaller concentrated group for more useful and thorough time to be spent reviewing concepts and really paying attention to what we are looking at
- I think the two small sessions are nice but the time allotted doesn't seem to be quite enough to get through everything. so maybe a little more time allotted so we know ahead of time how long to expect to be there while you the professor are also not feeling too rushed
- The sessions should not be mandatory for those who do not learn well with this method.

# Survey

## Specific Disease Processes by Organ System: Cardiovascular

**Other  
Organ  
Systems  
Similar**



Atherosclerosis of Aorta  
Aortic Aneurysm  
Aortic Dissection - Hypertension  
Aortic Dissection - Marfan  
Hypertensive Cardiomyopathy  
Dilated Cardiomyopathy  
Calcific Aortic Stenosis  
Myocardial Infarct  
Congenital Heart: AVSD  
Congenital Heart: Bicuspid AV  
Bicuspid AV: Calcific A. Sten.  
Rheumatic Heart Disease  
Infective Endocarditis

# Literature Review

- There is very limited peer-reviewed literature regarding medical student pathology laboratory.
- Case-based presentations are well-received by students.
- Clinical laboratory data (hematocrit, blood urea nitrogen and creatinine concentration, calcium concentration, etc.) can and should be incorporated into pathology laboratory sessions.
- There is no description in the literature of:
  - Gross specimen acquisition opportunities
  - Specific specimens and disease processes that should be incorporated into and illustrated in pathology laboratory sessions



# Conclusions

- Students consider pathology laboratory sessions to be a **valuable component** of the pathology course and the M1-M2 curriculum:
  - **Reinforcing concepts** discussed in lecture.
  - **Allowing examination of disease processes in human specimens.**
- Both **small group** and **macroscopic review of organs** are considered to enhance student understanding of pathology content.
- **Macroscopic review and discussion of organs** demonstrating pathology is considered the **most valuable** element of the sessions.
- **Small group case-based discussions** are also considered to be **excellent learning opportunities** by most students
  - They provide the **opportunity to evaluate cases** and **discuss pathologic processes with peers.**

# Conclusions

- Time limitations and group size impose limitations on macroscopic review of organs.
  - Sessions when class is split between pathology and psychiatry sessions overcome limitations.
- This study will be a valuable contribution to the literature by describing:
  - Acquisition, storage, and display of gross specimens
  - Specific disease processes that can be illustrated by gross specimens

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## **Previous Faculty Members:**

- **Paul Strausbach, M.D., Ph.D.,  
Retired Pathology Course Director**
- **Other Pathology Specimen Horders**

**Questions?**

