### Flipping Radiologic Anatomy – An Assessment of Effectiveness in a Condensed Medical Gross Anatomy and Embryology Course

Kelly M. Harrell, PhD, MPT Assistant Professor Department of Anatomy & Cell Biology

5<sup>th</sup> Annual Brody School of Medicine Medical Education Day April 10, 2019



## Journey to the Flipped Side



# **Curriculum and Course Reform**

### 2015

24-month Pre-clinical curriculum



### 2016 - 2017

### **2018**

17-month Pre-clinical curriculum

19-week course ~137 contact hours

93 hours Lab 42 hours Lecture 2 hours Flipped classroom



### 16-week course ~116 contact hours

79.5 hours Lab 25 hours Lecture 12 hours Flipped classroom

### **Radiology Reform**



Passive Learning Large Group Delivery Teacher-Centered (2016)

BRODY SCHOOL OF MEDICINE

Active Learning Small Group Delivery Learner-Centered (2017-present)

### **Preparatory materials**

- ✤ Available on Blackboard
- ✤ Average 60 min prep time
- Materials include:
  - Handout with labeled

RODY SCHOOL OF MEDICINE

radiographs

- Online modules
- Videos

#### The Elbow

The radiographic evaluation of the elbow usually consists of <u>AP and lateral views</u>. On these films one should be able to identify the **medial** and **lateral epicondyles**, trochlea, capitulum, radial head and neck, coronoid process, coronoid fossa, and radial tuberosity.

Traumatic injuries to the elbow occur commonly during falls on the outstretched hand. In children, the most common injury is a supracondylar fracture, which can be quite subtle radiographically. In adults the most common fracture of the elbow is a fracture of the radial head. This is often nondisplaced and can also be very difficult to identify on radiographs.



#### The Forearm

The forearm is usually evaluated with <u>AP and lateral views</u>. Fractures of the radius and ulna are usually clinically and radiographically obvious. They are usually the result of falls upon an outstretched hand. The distal part of the radius flares to become wider and has a concave articular surface at the **radiocarpal joint**. The bone projection seen at the lateral aspect of the distal radius is called the **radial styloid**. There are two bone projections at the distal ulna. The more rounded and proximal protuberance that forms part of the articular surface is the **head of the ulna**. The more distal and lateral projection is the **ulnar styloid**.

#### The Wrist and Hand

The standard radiographic views of the wrist and hand are the <u>AP and lateral views</u>. The carpus consists of eight bones aligned in two parallel rows. The **proximal row** (from the radial

#### GEISEL SCHOOL OF MEDICINE AT DARTMOUTH DEPARTMENT OF MEDICAL EDUCATION HOME BACK UPPER EXTREMITY THORAX ABDOMEN PELVIS LOWER EXTREMITY HEAD & NECK **UPPER EXTREMITY Regional Resources** Unit Resources Shoulder Angiograms Axilla & Brachial Plexus Videos Arm & Elbow Radiology Quiz (30) Axial Cadaver Images Quiz (25) Forearm Hand & Wrist ANATOMY TEXT MEDICAL DICTIONARY





SCHOOL OF MEDICINE

ww.n

llmcnulty.com

# **Study Design**

#### **Question:**

Is flipping radiology effective in improving learning and creating a more engaging, active learning experience when compared to lecture?

#### <u>Aims:</u>

- Assess student performance on radiology questions in a first-year medical gross anatomy course from 2016-2018
   -Compare computer MCQ and laboratory images (identification only)
   -unpaired t-Test (p<0.05)</li>
- Assess student perception of radiology flipped classroom sessions
  -Voluntary survey data (2017: n=87; 2018: n=83)

#### **Study Groups and Interventions:**

- 2016 Received seven traditional radiology lectures (n=87)
- 2017 & 2018 Received one intro radiology lecture and six flipped classroom sessions (2017: n=91; 2018: n=88) Exam 1 – Intro; Spine; Upper limb
   Exam 2 – Head & Neck
   Exam 4 – Pelvis & Lower limb



#### **Computer Assessment Performance – Radiology Questions**



\* p<0.05 # p<0.01



Laboratory Practical Performance – Radiology Questions



\* p<0.05 # p<0.01



#### Student Preparation for Radiology Flipped Classroom Sessions Survey Data





#### Student Perceptions of Radiology Flipped Classroom Sessions Survey Data



2017 2018



### Student Preferred Instructional Strategies for Learning Radiological Anatomy Survey Data



Small group only

Lecture only

- Independent/selfstudy only
- Lecture + self-study
- Small group + lecture
- Small group + selfstudy
- Small group + lecture + self-study



2017

RODY SCHOOL OF MEDICINE

2018

### **Qualitative survey feedback**

**Strengths** 

BRODY SCHOOL OF MEDICINE

<u>Weaknesses</u>



### From the fingertips of learners

### **Strengths**

Promoted **problem solving and critical thinking** to analyze clinical cases

I think the flipped classroom setting was the **best way to** *learn radiology rather than lectures*. The group work followed by an explanation really brought everything together

The combination of **basic scientist and clinician approach** made these sessions very complete and well-rounded.

Accountability session, engaging, get to leave with a study guide

#### <u>Weaknesses</u>

Labeling images was difficult when the **images** would **print poorly**.

There was **not enough time** to think through the clinical cases or for the physician to explain them.

Having **smaller groups** would be very useful and **more engaging**, as well as promote more of an atmosphere to have your specific questions answered about the material.

[Labeling activities] could be done outside of the classroom. Our sessions would be better spent going over **more clinical examples**.



# Is flipping radiology "better" than lecture?

### • Data suggests:

- 1. Greatest impact across both assessments occurs during the first exam block
- 2. Flipping radiology creates an engaging, active learning experience that enhances both gross and radiological anatomy understanding
- 3. Preferred instructional strategies may affect level of preparation and overall perceived effectiveness of flipped classroom
- Limitations:
  - 1. No survey data for 2016 (lecture only) cohort
  - 2. No control for previous radiology exposure/education



### **Future Directions**

- Pair and evaluate student performance and survey data
  - Is there a correlation between preferred instructional strategies, self-reported preparedness and perceived effectiveness of flipped classroom on learning and performance?
- Transition to online, interactive content
- Track knowledge retention longitudinally (M3 radiology course)
- Continue to engage clinicians to be involved in pre-clinical curriculum
- Reassess how to best use allotted time to improve session effectiveness



### Acknowledgements

Mike Berry, MD, PhD





Michael McLaughlin, MD



Heather Seymour, MD



Emily Askew, PhD





Basic Science Teaching Faculty – BSOM Department of Anatomy & Cell Biology

John Smith, PhD Randy Renegar, PhD

Theresa Phillips



Admin Support





Class of 2021



Class of 2022





# Importance of lateral view and AP view in X-ray.



