



# **BSOM Connection Initiative:**Medical Student Well Check Calls

Introductory TRAINING A collaborative Academic Affairs project organized by:

Office of Student Affairs (OSA)
Office of Data Analysis & Strategy (ODAS)
Office of Student Development & Academic Counseling (OSDAC)



# **Training Objectives**



Understand and apply elements of active listening



Differentiate the various categories of medical student concerns and matching responses



Implement use of the Call Log Form to document calls and refer students with serious concerns

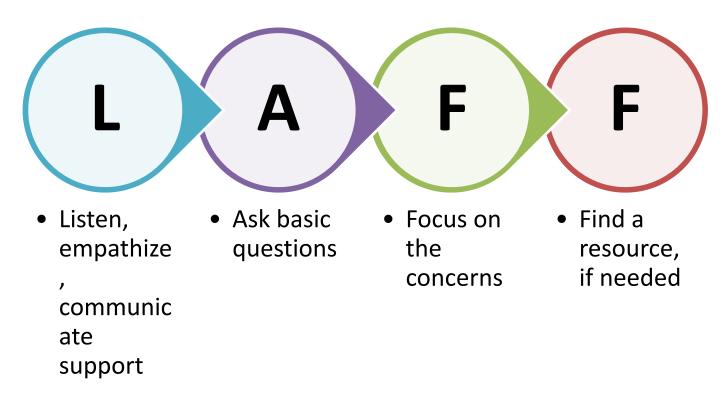


## Call Script – the start of Active Listening

Hello. I am	The purpose of this call/video chat is to check-in with
you to see how you're d instruction period at Bro	oing and to make sure that you're supported during this virtual ody.
How are you doing with	managing your academic/curriculum responsibilities?
How are you doing on a	personal level?
What other concerns do	you have and how can Brody assist you with them?
Thank you for speaking	with me today. I will check in with you again on



## **Active Listening Elements**



McNaughton, D., Hamlin, D., McCarthy, J., Head-Reeves, D., & Schreiner, M. (2008). Learning to listen: Teaching an active listening strategy to preservice education professionals. *Topics in Early Childhood Special Education*, 27(4), 223-231.



## Listen, empathize, communicate support

- Begin with a warm greeting
- Use minimal verbal encouragers as you listen... speak less where possible
  - "Oh." "I see." "Tell me more." "That's good."
- Communicate support/interest but be careful with agreeing/disagreeing with some content



## Ask basic questions... to gather information



Open

Closed

- How's studying coming along?
- How are you doing?
- What other questions do you have?

- Are you in Greenville now?
- Do you video chat with your peers to stay connected?
- Have you talked with anyone about that?



## Focus on any concerns that you hear

# Summarize & check for accuracy

### Example:

"I'd like to review what we've talked about..... is this correct?"



## Find a resource (if needed) & follow-up

#### Category 1:

#### No contact made

 Could not reach student – no contact made; will follow-up

#### Category 2:

#### No concerns

- Contact made but no concerns identified
- Arrange follow-up call

## Category 3: General concerns

- Contact made & general concerns identified
- Refer to resource list & remind student about resources
- Arrange follow-up call

## Category 4: Significant concerns

- Contact made & significant concerns identified
- Refer to resource list & remind student about resources
- Let student know you will refer their situation to OSDAC
- Arrange follow-up call

### Category 3: Sample of General concerns

- 1. Challenges with coursework/studying or student responsibilities, but with a sense of determination or confidence (i.e. struggling to keep up with coursework, virtual learning concerns, test/exam prep) "It's hard some days to stay focused on studying. On the hard days, I've found that it's best for me to aim for less study time and more me time."
- 2. Transition concerns related to COVID19 (i.e., time spent at home or with family, Brody isolation, general pandemic-related uncertainty) but student is managing appropriately "Right now, I have family members with COVID symptoms who are waiting on COVID test results. Even though I'm scared, my faith is helping me to stay strong and I know we'll somehow get through this."
- 3. Informational support "I'm not sure if my Brody financial aid will be disrupted by all that's going on right now."

#### Category 4: Sample of Significant concerns

1. Challenges with coursework/studying or student responsibilities, but with a sense of hopelessness or distress.

"It is absolutely nuts to act like we're all able to still put in 12 hour days, participate in these webinars and perform at the same level as before. Some of my classmates feel like this is easier than before, but to me it's two or three times as hard."

2. Transition concerns related to COVID19 – but the student is not coping well.

new day at "I'm locked in at home and locked out of Brody and it is taking a toll on me. The uncertainty of each or week and the fact that I'm expected to continue moving forward with my normal responsibilities medical school is just overwhelming."

3. Student describes being impacted by personal needs/situations that require urgent attention (i.e., lack of food, personal health, financial, family-related:

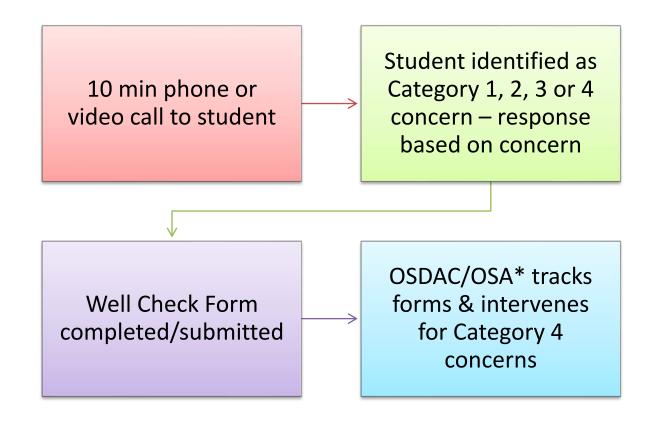
"My financial aid refund has been delayed until July and I don't have money to buy food, pay bills, or take care of daily needs. This is not just refund money that I need to take care of me but I also need it to take care for my extended family."

4. The student mentions a concern about another Brody student.

"I have a Brody classmate who is having a real hard time right now and needs help."



## Process Workflow



\*OSDAC=Office of Student Development and Academic Counseling OSA=Office of Student Affairs



# Call Documentation & Tracking

- There will be a call contact form to be completed following each call
- Completed forms are monitored and addressed by OSDAC and OSA
- The contact form has to be completed within 24 hours of the call to the student this will enable early intervention for students with serious concerns.
- An example of the call contact form is available for review on the next couple of slides







#### **BSOM Connection Initiative - Caller Form**

For technical assistance with this form, please email odas@ecu.edu.

This form should be used to document your connection with students at Brody School of Medicine during the
period of virtual instruction due to the ongoing COVID-19 pandemic.

All information you provide is confidential and collected with the purpose of connecting with all Brody students during this time. Follow up comments are helpful in engaging the necessary degree of follow up for students, if needed.

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Sample Script
Hello. I am The purpose of this call/video chat is to check-in with you to see how you're doing and to make sur that you're supported during this virtual instruction period at Brody.
How are you doing with managing your academic/curriculum responsibilities?
How are you doing on a personal level?
What other concerns do you have and how can Brody assist you with them?
Thank you for speaking with me today. I will check in with you again soon.

Ple	se provide <u>YOUR</u> full name and Pirate ID:	
	Name: st provide value	
	te ID: st provide value	
Sel	ct the student you are calling/video chatting with:	
*st	rt typing the student name to text search it	
* m	st provide value	
		▽
	Called the student, no answer, plan to follow up with student AS,  Spoke to the student, no concerns. Plan to follow up next week	
	Spoke to the student, general concerns, reminded the student of resource follow up next week.	es, plan to
	Spoke to the student, have significant concerns, referred the student to Additional support needed.	resources.
		reset
	ou have other comments/questions regarding this form, please contact the elopment and Academic Counseling.	e Office of Student
	Submit	



## Contact us:

If you are interested in learning more about this opportunity and other opportunities in the education program, please contact the Division of Academic Affairs

